



GFWC Lilburn Woman's Club

www.lilburnwomansclub.org

March, 2025

President: Kathy Mattox

Executive Officers 2025

President

Kathy Mattox

1st Vice President/

Membership

Jenny Nall

2nd Vice President/

Programs

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Recording Secretary

Deborah Shields

Corresponding Secretary:

Dianna Carson

Treasurer/501c3

Adela Salame-Alfie

Parliamentary Advisor

Susan Allred



Ladies, what a busy winter we've had!! You are all busy beginning to execute the plans you formed in January in your Community Service Programs and we have just delivered another successful Taste of Lilburn!!! Many thanks to each of you for your hard work. A huge **Thank You** to Andrea Brannen for leading us in this effort and to Wanda Staebell, our Sponsor Queen, in getting us some great sponsors this year!!!

The Student Art Contest was also a huge success. Thanks to Kathy Shepherd and the Art & Culture Program Committee for organizing this display and bringing back the Spring into Art for us. We need to find ways to showcase our students and this is a perfect way to do that while also increasing attendance at Taste of Lilburn! Thanks again to Andrea for that creative idea, this is how "out of the box" thinking really benefits us.

Our Bookmobile visits are in full swing as well. Thanks to each of you who have volunteered to assist with that project. It has been very rewarding watching those students choose a book to keep, they've been so excited. We've also gotten some great publicity from that project and I hope it leads to even better opportunities for new members, sponsors, etc. Please continue to monitor the schedule and help where you can. The Library Media Specialist and Teachers appreciate our assistance.

As we move into spring, we will be working to judge our scholarship winners and plan our reception to honor them as well as the Teachers of the Year and to recognize our Citizen of the Year. Be thinking about who you'd like to submit for that award. The Civic Engagement committee will choose the final recipient for this honor. Submissions should be sent to Barbara Tiller.

Please consider attending the Spring NE District Luncheon on March 29 @ 930am. It will be held at Harmony Grove Methodist Church in Lilburn and of course we are hosting the District for this luncheon. It will be catered by Le Sorelle, our newest Italian restaurant in Lilburn and the annual District awards will be presented. This is always a fun event, so mark your calendars!

The Georgia State Convention is around the corner as well! It will be held April 25-27, 2025 at the Lanier Islands Resort. I will forward information as soon as I receive it but I'm hoping you'll start planning to attend, even is only a day. It's going to be a more casual affair, no ball gowns!! We are in charge of overall decorations and the Saturday night dinner table decorations and favors.

These are exciting times ladies! I hope you will look for ways you can contribute within your CSP and to the club's project success.

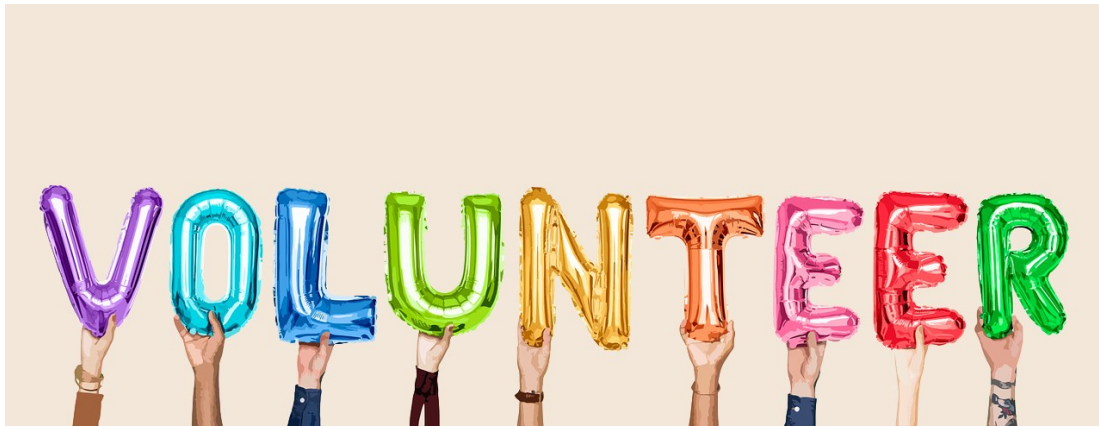
Remember: Volunteers don't get paid, not because they're worthless, but because they're priceless!!

1st Vice President: Jenny Nall

Much like it's a Wonderful Life, I again ask you to visualize our community without the benefit of the Lilburn Woman's Club. We were the first to ask for railroad bars, a safe bridge to Camp Creek ES, a library in our community, and saving the historic Winn Russell home. We approached Gartrell Nash and asked him to donate his landfill for Lilburn Park. Members began the Little Free Library, the Lilburn Farmers Market, dictionaries for all 3rd graders, Constitutions for students, Art contests for students, scholarships for high school graduates, Gwinnett Tech students, and Hugh Obrien Leadership programs. Erase all these accomplishments and think about how different things would be. YOU are working with your CSPs to continue to make a difference. Think of the new legacy you are creating with your CSP projects!

Be proud of your efforts! Reach out and offer women you meet the opportunity and the privilege of becoming a part of this wonderful organization. Get to know your CSP members and support them in their personal growth. The personal friendships you make while contributing to a project can be amazing.

Make it your personal goal to invite ONE person to attend a LWC meeting or event with you this year. We are an awesome group of great friends! Who wouldn't want to be a member!



Welcome to New Member: LaJuana Roberts

We are welcoming a new member to our club, LaJuana Roberts has fulfilled our requirements and been voted in by the Executive Board. She heard about our club from Gloria Sill. She is very active in her church, Lithonia Missionary Baptist Church. She loves gardening, walking, reading, drawing and mentoring young adults. Education is very important to her. She is already volunteering at the Bookmobile! Please make a point to introduce yourself to LaJuna and to welcome her into LWC.



Community Service Program Chairs

Art & Culture:
Kathy Shepherd

Civic Engagement & Outreach:
Barbara Tiller

Education & Libraries:
Maureen Fraser

Environment:
Mandy McManus

Health & Wellness:
Nadine Bily

Committees

Lilburn Daze:
Diane DeGaetano

Taste of Lilburn:
Andrea Brannen

Social:
Gloria Sill

Communications
Brenda Dana

Websites, Facebook
Andrea Brannen

Newsletter
Dianna Carson



Art and Culture: Kathy Shepherd

Submitted by: Jenny Nall

This is my first time to be member of the Arts and Culture Program. I am finding out what a wonderful opportunity the Arts and Culture Program offers.

We are so very fortunate to have our own Pat Shaver be the Co-Chairman for GFWC Georgia! The Ga GFWC plan of work includes so many wonderful ideas! I encourage you to go to the GA GFWC website and check out the Georgia plan.

Don't miss the March General Meeting, Katie Davis from Sherwin Williams will inform you about the latest trends in decorating your home.

In March we are sponsoring a student Art Contest at the Taste of Lilburn. Art work from middle schoolers at Five Forks Trickum, Trickum Middle, and St. John Newman will be displayed in the cafeteria at Parkview High School. We are thankful for the Art teachers at each

of these schools. They are certainly essential workers who make a tremendous contribution to their students.

The show will be juried and Angela Fracker, a professional photographer, will be our judge. Each student will receive a ribbon and winners will be awarded cash prizes.

March is also National Craft Month. Let us know if you have crafted anything in March, whether it is home made desserts, flower arrangements, sewing, painting, photos, poems, or stories. Put down the craft and your time spent under Art. I think each of us will find we have crafted



Civic Engagement & Outreach: Barbara Tiller

Domestic Violence – Everyone is either directly or indirectly impacted by Domestic Violence. You have been a victim or are close to someone who has experienced it.

I had the privilege of attending the Stand With Survivor Annual Advocacy Day at the State Capitol on February 5. We heard from victims who had powerful impact statements, advocacy groups, and elected officials.

In 2024, services were provided to 104,629 adult and children victims of domestic violence. Sadly 35,546 services for victims were denied due to lack of capacity (25% of victims). 163 victims lost their lives.

Three new bills are being presented for consideration and passage by the state legislators – as of this date, they have not been assigned Bill Numbers.

They are:

Danger Risk Assessment for Law Enforcement – offers law enforcement and courts a comprehensive understanding of domestic violence situations by gathering and reviewing critical details informing them about the severity, frequency, history, and nature of the abuse. Officers would interview and fill out a form for review at a domestic call.

DV SURVIVOR JUSTICE ACT – Support A legislative bill to modernize Georgia's evidence code to reflect a contemporary understanding of domestic violence history of survivors who are charged with a crime. Between 74% and 95% of incarcerated women have endured domestic or sexual violence in their lifetime.

ADDING PETS TO TPO (Temporary Protective Order) PETITIONS – Amend The Family Violence Act to include pets in TPO Petitions. Would ensure that survivors of domestic violence can also safeguard their pets from harm or abuse.



Domestic Violence Awareness



Environment: Mandy McManus

Have you heard about "fast fashion"? What is it and why should we be concerned about its environmental consequences?

Fast fashion, a term describing the rapid production of inexpensive, low-quality clothing that often mimics popular styles of fashion labels, big-name brands, and independent designers. By endlessly offering new trends at cheap prices, fast fashion brands such as Shein, Zara, and H&M encourage consumers to continually buy more clothing. Consequently, previous purchases, perhaps worn a handful of times, are soon discarded. The rise of the fast fashion industry in the late 20th and early 21st centuries has had enormous consequences, from its myriad environmental impacts to its exploitation of garment workers. The amount of discarded clothing that

ends up polluting many third world countries is staggering.

Let's try to do our part to buy more thoughtfully and buy quality items that will be worn for a longer time. This is an easy way to help our environmental footprint.

Remember to be gathering items that are still usable for our Freecycle table which will be held during the April general meeting. These are items that you might have thrown away, but someone else could use them. Our goal is to divert items from the landfill.



Education: Maureen Fraser

Submitted by: Lori Bottens

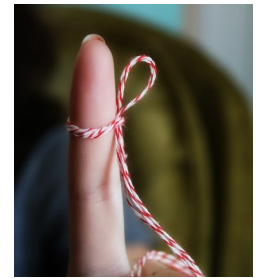
Every March we celebrate National Women's History month. For 2025, the National Women's History Alliance theme is "Moving Forward Together! Women Educating & Inspiring Generations." This theme celebrates the collective strength and influence of women who have dedicated their lives to education, mentorship, and leadership. Through their efforts, they have served as an inspiration for all generations — both past and present. Since 1973 LWC has been living this theme in our community, with our members and families. As our club continues to grow each of us has many opportunities to continue to inspire our community.

In my research for this article, I found the following archived article from GFWC. Here is a clip of it.

When Jane Cunningham Croly, the founder of GFWC, was denied entrance to a lecture featuring Charles Dickens in 1868, she decided to take matters into her own hands and form Sorosis. This led to the founding of GFWC on April 24, 1890, and since that day, women have come a long way. Thanks to the

efforts of Jane Cunningham Croly, women are not only participating in society—they're running a great deal of it as well. During Women's History Month, we remember the accomplishments women have made throughout history. Without their sacrifices, women would not have the freedom and equality they enjoy today. There is still much work to be done, but Women's History Month provides us with the platform needed to honor those who came before us and bring attention to the incredible things women can do.

[Why Women's History Month Matters - General Federation of Women's Clubs](#)
Scholarship applications are due March 15th. Please share with your community and friends.
[Scholarships | GFWC Lilburn Woman's Club Lilburn Georgia](#)



Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

Art:

Civic Engagement & Outreach:

Soda Pop Tabs
 Fronts of used greeting cards & cancelled stamps (St. Jude)
 Treats for Troops — (cookies, candy, cards, magazines, toiletries,)

Education & Libraries:

Books for Little Free Library

Health & Wellness:

Articles for Brookside Store—lotions, socks, tissues

Environment:

Pill bottles

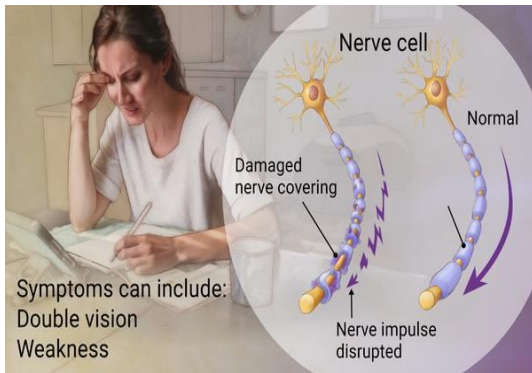


Health & Wellness: Nadine Bily

Submitted by: Patti Smith

March is Multiple Sclerosis Awareness Month.

Multiple sclerosis (MS) is a chronic, autoimmune disease that affects the central nervous system (brain and spinal cord). It occurs when the immune system mistakenly attacks the myelin sheath, a protective layer that covers nerve fibers. This damage leads to inflammation and scarring, disrupting the transmission of nerve signals. MS is unpredictable. Some people may be only mildly affected. Others may lose the ability to see clearly, write, speak, or walk. Early symptoms can include vision problems, trouble walking, and tingling feelings. About 1 million people in the United States live with multiple sclerosis (MS), and about 2.8 million people worldwide live with MS.



MS symptoms can vary widely and may include:

Vision problems (e.g., blurred vision, double vision, optic neuritis)

Motor difficulties (e.g., weakness, numbness, tingling, tremors)

Fatigue

Cognitive problems (e.g., memory loss, difficulty concentrating)

Balance and coordination issues

Bladder and bowel problems

Pain

There are four main types of MS:

Relapsing-remitting MS (RRMS): Characterized by periods of new or worsening symptoms (relapses) followed by partial or complete recovery (remissions).

Primary progressive MS (PPMS): Symptoms gradually worsen over time without remissions.

Secondary progressive MS (SPMS): Starts as RRMS and then progresses steadily without remissions.

Progressive-relapsing MS (PRMS): Gradual worsening of symptoms with occasional relapses.

How to get involved...

wear orange, the color associated with MS awareness

donate to your local MS GA Chapter <https://www.nationalmssociety.org/resources/get-connected/in-your-area/gaa>, or the national MS Chapter <https://www.nationalmssociety.org/>

participate in an MS awareness event, such as Walk MS.



March, 2025

Check www.lilburnwomansclub.org/Calendar.html for updates.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1 Taste of Lilburn—Parkview Highschool
2	3 10:10AM Read Across America—Knight Elementary	4	5	6 ED: Volunteer at Minor ES 11-2PM	7	8
9	10	11	12 10AM Jam-bos Pack Day	13 ED: Mtg 6:30 PM ED: Volunteer at Minor ES 11-2PM	14	15
16	17	18 8:50 AM Bookmobile at Camp Creek	19	20 6PM Health & Wellness—CVI Gala ED: Volunteer at Minor ES 11-2PM	21	22 9AM St John Neuman Smile Race
23	24	25	26	27 ED-5:30—Multicultural Night at Minor ES ED: Volunteer at Minor ES 11-2PM	28	29 NE District Mtg.
30	31	Apr 1	2	3 6PM Gen Mtg	4 9:05AM Bookmobile at Head ES ED: Volunteer at Minor ES 11-2PM	5

Happy Birthday!



- Mar. 03—Pat Shaver
- Mar. 07—Nancy Chilcoat
- Mar. 07—Gloria Dimaggio Tow
- Mar. 09—Bailey Rigor
- Mar. 12—Diane DeGaetano
- Mar. 17—Lori Bottens