



### ***Executive Officers 2018***

**President**  
**Trish Biemiller**

**1st Vice President/**  
**Membership**  
**Gloria Sill**

**2nd Vice President/**  
**Programs**  
**Diane DeGaetano**

**Recording Secretary**  
**Nadine Bily**

**Corresponding Secretary**  
**Wanda Staebell**

**Treasurer/501c3**  
**Carmen Stewart**

**Parliamentary Advisor**  
**Pat Swan**



***The Time Is***  
***Now***

# GFWC Lilburn Woman's Club

[www.lilburnwomansclub.org](http://www.lilburnwomansclub.org)

**June, 2018**

## **1st Vice President: Gloria Sill**

Membership has to do with not only gaining new and interesting members, but in retaining members. Please pay attention to all of our sisters and try to communicate with them as often as possible. Work on different committees to get to know others in our club on a personal level. We are a volunteer organization, so be patient with each other.

We are all doing the best we can do and all without pay. Our payment should be in friendships as well as helping our communities and others who can benefit from the many generous activities that we do. It's a work of love so let's keep our love going by being patient with each other.

Take note of the many social opportunities that we have included on our calendar. We have been going to movies together, going out to lunch or dinner with each other, and have gone to plays with each other. There are many social opportunities that have been offered and it gives us an opportunity to get to know each other better and to laugh with each other often. Laughter is good medicine for joy and for healing. Laugh as often as you can and join your Lilburn Woman's Club with the fun as well as the volunteering.



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## 2nd Vice President: Diane DeGaetano

Below are instructions for using Track It Forward app. This program is very beneficial for keeping up with hours, money, and for report writing. Try it, you will like it!

### Track it Forward Instructions for LWC Users

#### **Track it Forward App:**

On your phone go to your App store and search for **Track it Forward**

The app is called Volunteer Time tracking and has a green logo in the shape of a tree made of people silhouettes (looks like a broccoli spear)

Download the App and hit "open"

Enter your email address and password – **LWC-2018** (all caps, no spaces)

When the app opens you will see the name of site on the top of your screen: **LWC 30047 Volunteer Hours and Donations**. Underneath it, you will see the following fields:

**Hours:** Enter hours volunteered

**Date:** Use the current date which is pre-populated or hit "clear" to change it to a different date.

**Program:** Touch this field to see list of programs and touch the program name to choose the program under which you are reporting the hours or donations. Example: Public Issues

**Committee:** Touch this field to see list of committees and touch the committee name to choose the committee under which you are reporting hours or donations.

**Project/Activity:** Enter the project or activity you worked on. Example: Program Meeting

**Number of Members Participating:** Enter "1" for yourself. Only enter additional people if you are reporting all hours for your group. (Remember to multiply number of hours by number of people on the first field.)

**Dollars Donated in Kind:** Touch the field to enter amount you donated of your own money

**Dollars Donated from the Club:** Touch the field to enter amount donated from the Program funds.

**Notes:** Enter any notes or questions to 2<sup>nd</sup> VP.

**Hit "Submit" and the hours will be logged on our site.**

#### **Track it Forward Site:**

To access the site on your computer go to:

Click on "sign-in" at the top right of the page.

Enter your email and password – LWC-2018 (all caps, no spaces)

Click on "Log Hours" to log in your hours – follow the same instructions to log in hours in the App.

### Community Service Program Chairs

**Art**  
Ann Kolb  
Patty Gabilondo

**Conservation**  
Mandy McManus  
Andrea Brannen

**Domestic Violence**  
Beth Werve  
Linda Newton

**Education**  
Susan Allred

**Home Life**  
Lori Bottens  
Wanda Staebell

**International Out-  
reach**  
Dianna Carson

**Public Issues**  
Lee Jurjevich

### Committees

**Lilburn Daze**  
Dianna Carson  
Lee Jurjevich

**Social**  
Judy Nash,  
Susan Boudreaux

**Communications**  
Brenda Dana

**Websites, Facebook**  
Andrea Brannen

**Newsletter**  
Dianna Carson

**Book Club**  
Trish Biemiller

**Lilburn Relay Rally**  
Pat Swan



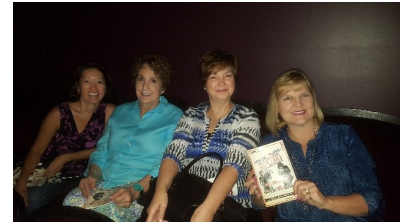
## Art: Ann Kolb & Patty Gabilondo

Had a great time at the May Movie Madness this week. Eleven of us went to see The Book Club and had a bunch of laughs. Look out for our June movie of the month.



**Aurora Theatre: Ripcord** by David Lindsay playing till June 3<sup>rd</sup>. If you haven't seen it, catch it before it's gone. I bet it won't disappoint. **New-**sies running from July 19-Sept 2. Go to

[www.auroratheatre.com](http://www.auroratheatre.com) to buy your tickets and while your there, get your season subscription for 2018-19. What a way to support the Arts!



The Arts Program designated June 15<sup>th</sup> at the **Little Free Library and Lilburn Farmers Market as Arts Program Day**. Come join us, we'll have things to entertain the kiddies.



## Domestic Violence: Beth Werve & Linda Newton

Our Domestic Violence group really turned out in force this month in support of the PADV (Partners Against Domestic Violence) Gwinnett County Safe House. The Children's Boutique was spruced up with the addition of some spring and summer clothes. Many thanks to long-time DV supporter Pat Swan for continuing to spearhead this ongoing effort. Stories were read to seven engaging little ones between the ages of 4 and 7 one recent Thursday evening. They surprised us by wanting to read to us as well. Cookies were baked and enjoyed by all. Staff and resident mothers were so gracious and appreciative.

On Saturday the 19<sup>th</sup>, Cheri Grinstead led a fantastic effort with the team providing fun

and treats for the children. Activities included pizza-making, board games, a variety of outside games, beads for jewelry-making, and activity books. Mothers were treated to a MaryKay lotion hand treatment and each received a makeup bag full of goodies.

Although the month of June brings us into "the lazy days of summer", our Domestic Violence group has two activities planned to aid us in better understanding this pervasive problem. Stay tuned for details!



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## Conservation: Mandy McManus & Andrea Brannen

The farm to table/local food movement is very popular now. Many restaurants use farm to table as a marketing tool. Have you brought this concept to your home table? Consider becoming a **locavore** (a person whose diet consists only or principally of locally grown or produced food today!

Incorporating a higher percentage of locally-produced food from small-scale farms into our lives is important in the way that shopping at local businesses is important: because it keeps money in the community and it diversifies our economy. Local farms not only benefit the people who own them, but also tend to pay higher wages than huge agribusinesses, and they often treat land and crops in a more sustainable manner. There are a number of reasons why people choose to participate in the locavore lifestyle. Motivations include healthier food, environmental benefits, and economic or community benefits. Locavores seek out farmers close to where they live, and this significantly reduces the amount of travel time taken for the food to get from the farm to the table. Reducing the travel time makes it possible to transport the crops while they are still fresh, without using chemical preservatives. The combination of local farming techniques and short travel distances makes the food consumed more likely to be organic and fresh, an added benefit.

A community supported agriculture system is extremely beneficial to a community because it "enables consumers to support local farmers, obtain food that might be fresher than store-bought food, and learn more information from farmers about how the food is grown."

Furthermore, local eating can support public objectives. It can promote community interaction by fostering relationships between farmers and consumers. In fact, farmers' markets inspire more sociable behavior. Studies show that 75% of shoppers at farmers' markets arrived in groups while only 16% of shoppers at supermarkets arrive in groups. Only 9% of customers in chain supermarkets had a social interaction with another customer, and 14% had an interaction with an employee, but at farmers' markets, 63% had an interaction with a fellow shopper, and 42% had an interaction

with an employee or farmer. Local food builds community vibrancy and retains local traditions while establishing a local identity through a unique sense of community. **Urban gardens** as shown in the documentary, "Urban Roots" are another solution to creating local food that greatly benefits the community as a whole. These urban gardens create local produce as well as educational and social opportunities.' <http://www.resilience.org/stories/2016-06-17/a-realistic-look-at-the-local-food-movement/>

We are fortunate in our community to have several farmers markets within an easy driving distance. Stone Mountain operates on Tuesdays from 4 to 8 PM. Lilburn Farmers Market operates on Fridays from 4 to 8 PM. Snellville Farmers Market operates on Saturday mornings 8:30 AM to 12:30 PM. Make plans to visit one of these markets and you will be able to taste the difference and talk to the person who grows/prepares your food.





## Education: Susan Allred

The Education Program hosted our annual Scholarship Awards recognition on May 3<sup>rd</sup>. We recognized 18 recipients for outstanding service in the community including counselors, teachers of the year and scholarship award winners. Our General Scholarship Award winner, Olubusola Banjoh is from Brookwood High School and will attend Harvard University in the fall.



Sandra Pak accepts the Public Issues Outstanding Citizen award on behalf of her husband, Byung J. "BJay" Pak.



One of our Gwinnett Tech scholarship award winners, Shandria Camp accepts her award.



## Little Free Library

Lilburn Woman's Club will be hosting the Little Free Library at the Lilburn Farmers Market again this summer. Please sign up using the following link. [Sign up Genius Little Free Library](#) We appreciate the members' support! We are still looking for children's books in good condition!!!



## Home Life : Lori Bottens & Wanda Staebell

Home Life would like to remind all Club members that the June meeting is our annual POTLUCK Summer kick off meeting! Every club member is asked to bring a food item to share, we will be eating at the start of our meeting. All food items are welcome from main course to desserts. This is a great opportunity to enjoy socializing with other club members as we enjoy a fun meal together.



**Saturday, June 16, 2018** —You won't want to miss the 29th annual Hi Hope Dance. The Hi Hope Center serves individuals with developmental disabilities.

This year's theme is '60's Flower Power. Get out your 60's attire (bell bottom pants, wild color tops, etc.) Help our attendees enjoy a night of food, music and dancing. You will be blessed by the smiles on their faces and by the appreciation of the parents and caregivers.

We need volunteers starting at 3:30 for decorating and set-up, 6:00—9:00 serving food, dancing and mingling with the attendees, 9:00 PM helping with clean up.

Please bring or donate sugar-free desserts (cookies, etc.) or salty snacks (potato chips, Chex Mix etc.) Please label if any item contains nuts.

Be on the look out for the sign up page and mark your calendar. Any amount of time and /or food donations will be appreciated.





## International Outreach: Dianna Carson

Summer is the time that many of us are going on vacation and visiting other countries. With this travel we are interacting with local people and we are the "foreigners". Try to study up on their customs and maybe learn a few words in their language...especially "please and thank you". Remember we are ambassadors representing America and we want to leave them with a good impression of us.

On June 13th we are meeting at Dianna Carson's house to cut out and sew the little "pillow case" dresses. Even if you don't know how to sew, you can help us cut out dresses, press seams, add trim, etc. If you have any fabric, thread, trim, or pillow cases to donate, we would love to have them.

Trish Biemiller is going to show pictures and tell us about her wonderful trip to South Africa. I am researching African food and will try to come up with some interesting dishes. If anyone has a favorite dish, bring it for all to sample. This will be a fun and productive meeting!!



## Public Issues: Lee Jurjevich

Public Issues has been working hard pulling together all of the necessary items for the USO luncheon. However because of a death in Lee's family the luncheon had to be rescheduled (date to be announced).

We would like to think about and thank all who have served in the military for the protection of our country. Without those brave men and women we would not be able to enjoy the freedom we have today.

Hopefully you voted in the primary election and will vote again in the run-off election. Not everyone has the right to pick their leaders like we do.



### Donation Reminders

**The LWC collects the following items to help those in need. Bring items to club meeting.**

#### Conservation:

Fronts of greeting cards  
Batteries  
Used Blankets & Towels

#### Domestic Violence:

Children's Helmets  
Laundry Materials  
Cleaning Materials  
Snacks & Drinks  
Gas cards  
Lightweight clothing for rape victims

#### Education:

Children's Books  
Adult Books

#### Home Life:

Canned Tuna  
Cereal  
Oatmeal  
Peanut Butter  
Jelly  
Spaghetti  
Canned Veggies  
Rice  
Toothpaste

#### International:

Empty pill bottles  
Travel size shampoo, toothpaste, soap  
Children's toothbrushes  
Pillow case dresses  
Fabric & trims for dresses  
Tutus

#### Public Issues:

Pajamas for Men & Women  
Worn & tattered flags

#### Lilburn Daze Art Tent

Cardboard Toilet Paper tubes  
Cardboard Paper Towel or wrapping paper tubes  
Pringles or other chip containers, with lids  
Net bags from vegetables, thin net - like onions and 1 lb. vegetables  
Net bags, heavier net - like potatoes  
Men's neckties  
Partial or unwanted packages of:  
Chenille stems (pipe cleaners), all colors  
Pompoms - all colors, 2" diameter or smaller  
Giggly eyes



# June, 2018

Check [www.lilburnwomansclub.org/Calendar.html](http://www.lilburnwomansclub.org/Calendar.html) for updates.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Lilburn Daze Mtg.  6:30 @ Dianna Carson's	5	6 ED—Library Lovers	7 LWC Gen Mtg.	8 Cons. 10AM GA Native Plants	9 Art 8PM Mamma Mia @ GA Tech
10 Art 2:30PM Mamma Mia @ GA Tech	11	12	13 IO Mtg. 10 AM @ Dianna Car- son's (Dresses)	14 Social—6PM @ 1910	15	16 6:30PM Hi-Hope Dance
17  Father's Day!	18	19	20	21 Social 12PM— 2PM Game after- noon	22 Cons. 10AM GA Native Plants	23
24	25 PI Mtg. 7PM Mayor's Town Hall Mtg.	26	27	28	29	30

Happy Birthday:

Jun. 4 —Debbie Slappey  
Jun. 10—Joette Segars  
Jun. 18—Lauren Cover  
Jun. 23—Brenda Dana

