



GFWC Lilburn Woman's Club

www.lilburnwomansclub.org

June, 2020

President: Diane DeGaetano

Ladies: This has been an interesting weekend in the Atlanta area and the US. With protests, both non-violent and violent, I have to think we need to turn to our God (whatever or whoever that may be for you as an individual) for answers. Covid 19 has changed our lives, bringing fear, isolation, joblessness and a seemingly uncontrollable disease. As a leader of a non-partisan organization, I have to temper my comments in this regard. But in response to our pleas and prayers, we have seen decrease in the number of active Covid cases as well as a peaceful turn to the protests. Watching the protestors in solidarity with law enforcement, kneeling in prayer, truly lightened my heart.

There is a light at the end of this tunnel and I want us to turn to nature while we wait. Go out in your backyard and just enjoy this last few weeks of spring. Watch the bees, birds, and trees waving in the breeze. Thank your God that you live in the best country on Earth!



Executive Officers 2020

President

Diane DeGaetano

1st Vice President/

Membership

Ana Kolb

2nd Vice President/

Programs

Mandy McManus

Recording Secretary

Kathy Mattox

Corresponding Secretary:

Christine Peredney

Treasurer/501c3

Susan Allred

Parliamentary Advisor

Pat Swan



Corresponding Secretary: Christine Peredney

Seventy five years ago World War II ended in 1944. Every Memorial Day Channel 8 broadcasts the Memorial Day Celebration from the U.S. Capitol Grounds. The pandemic changed the broadcast this year. Gone were the crowds who gathered to view the yearly program dedicated to the memory of our Armed Forces Members who gave their lives for our freedom. The program was still broadcast with virtual performances and a few performers at the Capitol but no audiences. Those who watched the celebration were together in thought while apart.

This 2020 concert celebrated not only our military heroes but heroes during the present pandemic-ordinary and extraordinary Americans who united in this time of the Coronavirus to help others. Now that the military service has become volunteers, only 1% of our citizens now serve in the military.

We are now fighting a new war on our own soil- the Coronavirus, which now has taken over 100,000 lives. Our lives now depend on both military and civilian heroes, who have a variety of skills and talents. "United we stand, divided we fall".

Businesses like restaurants, retail stores, grocery stores, health care facilities, educational institutes, community organizations and religious groups have had to adapt to the new mandates of pandemic control. Many paid workers and volunteers have had great financial costs, and work long hours, face health issues and can never stop trying.

There is a large number of US workers who have lost their jobs and have had to file for unemployment insurance and obtain food from food banks.

There have been inspirational stories like the 219 high school seniors in the Class of 2020 who were honored in the Atlanta Journal and Constitution Cup. There are the other 2020 High School and college graduates who have improvised and had graduation parades. Alaya Horne is a second grader whose diary pages during the pandemic have been published in the newspaper. She writes about the bad times, but also the good and gives the readers hope that better times will one day come. The television news has featured stories of acts of kindness and self sacrifice. We have had stories of volunteers at food banks and fundraising events for those who lost their livelihood during this time. Doctors and nurses have been interviewed and praised for their devotion to their patients. Firemen and Police have been recognized for their contributions.

As Sunshine Chairman, I urge all of us to keep our spirits up by thinking positive and doing what we can to help others. The Lilburn Woman's Club members have stayed in touch online and have done great projects by innovative means- books and art supplies to children at Lilburn Elementary, a meal to the respiratory therapists serving Coronavirus patients, hand delivered potted plants to LWC members who are US Military Veterans, donated food to two food banks, made homemade masks to distribute to others, to name a few projects. We can also do our part as front line volunteers by staying in contact with others in our club and community. Virtual gatherings, contact by phone, text or e-mail lets others know we care and have them in mind. Thanks, Diane, for the May 29 LWC Zoom Social. We need each other in this difficult time of our life



Civic Engagement & Outreach: Ginnie Childers & Adela Salame-Alfie

Community Service Program Chairs

Art & Culture
Gloria Sill

Civic Engagement & Outreach:
Ginnie Childers & Adela Salame-Alfie

Education & Libraries:
Patty Gabilondo

Environment
Mandy McManus
Andrea Brannen

Health & Wellness:
Arthy White & Cheryle Haynes

Committees

Lilburn Daze
Nadine Bily

Social
Kathy Shepherd

Communications
Brenda Dana

Websites, Facebook
Andrea Brannen

Newsletter
Dianna Carson

Fundraising
Dianna Carson

The CEO program honored our women veterans this last Memorial Day and thanked them for their service. We honored three members: Christine Peredney, Katty Hartman, Roberta Williams and a non-member Octavia Moore. We presented them with a nice potted plant and a thank you card.

Thank you, ladies, for your service!
This week, we met to brainstorm on activities/contributions we could do to help our community while we are still social distancing. We discussed a variety of possible options where we could donate some funds or volunteer some time. We agreed that we will be donating some funds to several organizations including Days for Girls (featured in the 2020 CSP document recently shared by Diane DeGaetano); Hope of Gwinnett Children's Center; and Lilburn Food Co-Op. Speaking of the Food Co-Op, in addition to donations there are opportunities to volunteer and we encourage you (if you are able and available) to contact

them and check what their needs are. Treats for Troops is still going on and the next packaging event will take place on September 24, 2020. Information about this event is given at

the end of this article. We would like to show our appreciation to the staff of the Pruitt Health Nursing Home by delivering some cookies and a thank you card. We are checking with them to make sure they are OK receiving treats and we hope we are able to do it. We know that healthcare workers have been in the frontline fighting this COVID and we really want to show our appreciation.

We want to remind everyone that early voting is going on now and most of us received a ballot in the mail so we can vote from the comfort and safety of our homes.

Please do so! Last, but certainly not least, please remember to complete the census (if you haven't already). The information collected in the census helps us get resources in our community. Stay safe, stay healthy and hope to see everyone in person very soon!



Treats for the Troops – Southern Style
(Summary provided by Kathy Mattox)

The purpose of Treat the Troops is to let deployed American military persons know that people at home are remembering them.

Home-baked cookies and other "comfort items," along with a notes of thanks, are sent via the U.S. Postal Service. The boxes are addressed to a specific soldiers at an APO (Army & Air Force) or FPO (Navy & Marine) number. Treat the Troops does not take a position on whether or not our troops should be deployed to other countries. It is important, however, that we, the American People, let these troops know that we care and are appreciative of the hardships and risks they must endure every day for our country.

Thank you letters received from soldiers, sailors, marines and airmen prove that these packages from home are greatly appreciated and that they do boost morale.

The group "Treats for the Troops - Southern Style", run by Linda Jones in Cumming, has been working together since August 2012. In that time they have shipped 1,229,684 cookies!!! She has a very organized process by which they gather, pack and ship cookies/goodies to the troops. I used to help then when I lived in Cumming and several of us from LWC participated last fall. It's an eye opener as to what can get done in a matter of 1 1/2 -2 hours by a dedicated group like hers. Magazines, toiletries, snacks, cookies and even dog treats are sent via USPS Flat Rate boxes. Donations for shipping costs are also very welcomed as this is an expensive item to cover. Each box costs \$18.45 to ship. Donations for shipping should be made via check to Treats for the Troops. Before COVID19, the last shipment included 408 BOXES containing 48,960 cookies plus other treats!

(continued)

Civic Engagement & Outreach: Ginnie Childers & Adela Salame-Alfie (continued)

They hope to be able to pack together in September but if not, they will still take donations and a much smaller group will do all the packing. Therefore, the Civic Engagement Program would like to support them with donations in September and we encourage your support. Please plan to bring donations to the September General meeting to be delivered to them. If public packing is allowed, we will advise you on when/where we'll meet to go pack. Below are the items they need donated:

Homemade cookies packed 6 per fold-over sandwich bag tied with a twist-tie & labeled if they contain "nuts"

Individual servings of:

Coffee, tea, instant drink mixes, hot chocolate, Gatorade power mixes
Candy / Chewing gum - nothing with a strong smell such as certain mints
Cereal bars
Pop tarts
Cup - a - Soup
Beef jerky / Slim Jims
Instant oatmeal
Individual servings of chips, crackers, Doritos, Rice Krispy Treats, etc.

TRAVEL SIZE toiletries such as:

Shampoo & conditioner
Body wash / Deodorant (NO BAR SOAP)
Body lotion / Moisturizer
Toothbrushes & paste
Dental floss / picks
Chapstick / Sunscreen
Wipes
Cotton swabs
Combs

Additional items:

Batteries, all sizes
Hand warmers
Playing cards
Blank greeting cards for Soldier's use
Letters / notes / cards of appreciation
Money for postage



Environment: Mandy McManus & Andrea Brannen

Environment held a Zoom meeting to discuss our plans during the pandemic.

Environment was gifted 7,000 brand new ice cream pint containers. Members decided to make seed planting kits using the pint containers, soil and seeds. Fifty kits will be given to the Gwinnet Summer Meals program at Lilburn Activity Building for distribution.

Looking for ideas for your yard? Gwinnett County Master Gardeners are hosting Down the Garden Path Garden Tour on June 13th from 9 am to 4 pm. For more information, go to <http://www.gwinnettmastergardeners.com/2020/05/garden-tour-may-2020.html>

Do you love blueberries? Environment will host a blueberry picking field trip to Tuckaway Farms in Loganville. Date to be determined.



This Photo by Unknown Author is

Funds from our fundraisers will go to purchase a water pump from Heifer International.

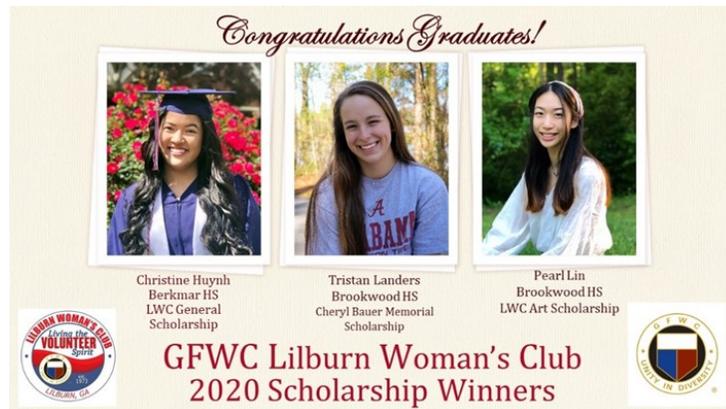


Since Yellow River Wildlife Sanctuary has opened, we will be moving forward with our Scavenger Clue book. Mandy has already completed the first puzzle!



Education and Libraries: Patty Gabilondo

LWC Scholarship Update 2020: Our Thanks to all the wonderful Scholarship Committee members who really worked overtime and had a really tough job narrowing down our scholarship winners this year. Jenny Nall, Adela Salame-Alfie, Barbara Tillier, Diane DeGaetano, Beth Werve, Nadine Bily and Patty Gabilondo. Congratulations to all our 2020 Scholarship Winners! We look forward to meeting these deserving young women and their families in person at our July 9th Awards Presentation.



Jenny Nall's grandson - **Timothy James Tillman** graduated from Lownds County HS

Jenny Nall's granddaughter **Mia Rae Palmer** graduated from Foothills Academy High School in Jackson County, Georgia.

Karen Snavely's grandson – **Xander Stephens** graduated with Honors from Parkview High School.

Pat Swan's grandson—**Taylor Sapp** graduated from Fort Walton Beach High School and plans on attending Junior College in Niceville, Fla.



Congratulations to all of our Club Members with Graduates! Education is so very important to our club, our members and our community. This month we take some time to recognize club members with graduating seniors in their families:

Kathy Hartman's granddaughter **Abigail Vose** graduated from West Clermont High School in Cincinnati, OH and will be attending Xavier University this fall.

Doris Mann's granddaughter **Meghan Lucille Mann**, Graduated from Hickory Ridge HS in Harrisburg NC with plans to enter Auburn University.

Susan Kintzler's granddaughter **Emma Carlson** graduated from Duke University with a degree in Environmental Science. Emma is a 2016 graduate of Parkview HS.

LWC Book Club will meet again on June 29th @ 7pm. This month's book discussion will focus on "*The Overdue Life of Amy Byler*" by Kelly Harms. An intriguing story about an overworked and underappreciated, librarian and single mom Amy Byler needs a break. So, when the guilt-ridden husband who abandoned her shows up and offers to take care of their kids for the summer, she accepts his offer and escapes rural Pennsylvania for an adventure in New York City.



Health & Wellness: Arthy White & Cheryle Haynes



Please go to <https://yesmagazine.org/health-happiness/2020/04/21/coronavirus-elders-share-stories/>
Please go to [https://gwinnettcountry.com/static/departments/communityservices/banner/pdf/04132020 DOCS Senior-Assistance.pdf](https://gwinnettcountry.com/static/departments/communityservices/banner/pdf/04132020%20DOCS%20Senior-Assistance.pdf)

June, 2020

Because of covid-19, many of these activities will probably be cancelled, delayed, or held by conference call

Check www.lilburnwomansclub.org/Calendar.html for updates.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2 7PM Health & Well Mtg - Zoom	3	4 LWC General Zoom Mtg. 7PM	5 Little Free Library 4-8PM Lil Farmer's Mkt	6
7	8	9	10	11	12 Little Free Library 4-8PM Lil Farmer's Mkt	13 9AM Master Gardeners Gar- den Tour
14	15	16	17	18 LWC Exec Bd	19 Little Free Library 4-8PM Lil Farmer's Mkt	20
21	22	23	24	25	26 Little Free Library 4-8PM Lil Farmer's Mkt	27
28	29 7PM LWC Book Club -	30				

Happy Birthday:

Jun. 4—Debbie Slappey
Jun. 10—Joette Seagers
Jun. 23—Brenda Dana

