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Judy Nash

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Nancy Chilcoat



*As the purse is
emptied, the heart
is filled.*

GFWC Lilburn Woman's Club

Co-Presidents: Barbara Brooks & Judy Nash

Ahhh Summer! Ready for some down-time and perhaps some time at the beach! We have had a busy spring and I am sure every would like a short period to catch their breath! Of course, although we don't have a general meeting until September 1, we aren't idle. Many of the programs have events all summer so please volunteer when you can.



News & Notes will keep you informed of the happenings of the Club and local events.

The Scholarship Reception in May was delightful! It is so amazing to hear about our scholarship recipients and all of their accomplishments! They were truly inspirational.

Please consider attending the GFWC Georgia Institute August 20th in Athens. This is a great opportunity to network and learn about other Club's projects. More information will be available in July.

Check out the many events happening in our community and surrounding area this summer. The Lilburn Farmer's Market is a great place to pick up fresh fruits, vegetables and tasty treats! The City of Lilburn also has many events scheduled.

2nd Vice President: Diane DeGaetano

Keep your calendars handy over the summer to record your volunteer hours, donations, etc. for activities over the summer. We all are serving others in our community even if it is not a scheduled event....recycling, donating food and items to charities, helping through our churches, teaching children how to swim.

Have a great summer!



Historian: Nancy Chilcoat

Over the summer think about an activity or event sponsored by our LWC that you think should be included in the information being compiled to be sent to the GFWC Women's History Center to be archived about our 42 year old club. Send your thoughts and suggestions to me whenever the spirit dictates. Your thoughts would help compile those most important moments. (would especially like to hear from our most senior members (not age but longevity in the club))

And if you are reading GFWC news and notes as recommended by your historian you will see an opportunity to vote for your favorite National Park in honor of the National Park Service's 100th birthday, August 25. Visit <http://poll.fm/5lr90> to vote today.



Art: Susan Boudreaux & Pat Shaver

The Art Committee is going to be decorating for the Hi Hope Dance on June 11. A sign up sheet will be available at the June Meeting if you wish to sign up to help. We are using a RED, WHITE, & BLUE theme. All donations of theme items are needed. This dance benefits mentally challenged adults in the area. They love to dance and have a wonderful time. All help is welcome!



Art has also helped the Garden Tour with items for the tent sale this weekend by painting gourds, gluing glass beads, constructing bird feeders, etc.



We have framed the Grand Prize winner's art from Spring Into Art and hope to have it hung in City Hall soon!

Have a FUN Summer and seek out ART wherever you travel!!!



**Community Service
Program Chairs**

Art

**Susan Boudreaux
Pat Shaver**

Conservation

**Kathy Hartman
Kate Pittman
Patty Gabilondo**

Domestic Violence

**Pat Swan
Linda Newton**

Education

**Barbara Brown
Nancy Delaney**

Home Life

**Wanda Staebell
Alice Baker**

**International Out-
reach**

**Christine Peredney
Kathy Shepherd**

Public Issues

**Carmen Stewart
Lori Bottens**



**Conservation: Kathy Hartman, Kate Pittman &
Patty Gabilondo**

All three of the gardens are coming along. Flowers are blooming and the bees are buzzing. The Pollinator Garden has received a spring clean-up, but we're going to wait until fall to add more plantings. Special thanks go to Penny Brown for driving the gator and spending "an evening in the garden" with me. Arthy White has taken an extraordinary interest in the gardens and has transplanted Shasta daisies, planted herbs and has discovered how a short blade of Bermuda grass can have a 12 inch root system!

Just a reminder --- there are lots of herbs to be harvested over the summer -- oregano, thyme, bee balm, rosemary, basil, chives, sage, dill, fennel and lavender. Stop by the Community Garden and snip some herbs for summer grilling. June 20 -- 26, 2016 is National Pollinator Week and will serve as our kick-off for "The Year of the Bee" campaign. Pollinators which include bees, birds, butterflies, bats, and beetles are vital to our delicate ecosystem. These creatures positively affect all our lives - let's SAVE them and CELEBRATE them!

Pollinators are responsible for 1 out of 3 bites of food we eat each day and yet pollinators are at a critical point in their own survival. We know for certain that more nectar and pollen sources provided by more flowering plants and trees will help improve their health and numbers. Increasing the number of pollinator-friendly gardens and landscapes will help improve their health and numbers.

The National Pollinator Garden Network has issued a proclamation to register one million public and private gardens and landscapes to support pollinators.

As part of Pollinator Week and as part the kick-off of this campaign, we are asking all LWC members to participate in the Million Pollinator Garden Challenge by registering their gardens of any size and **"BEE Counted."**



Information on pollinators and their im-

portance along with planting guides will be posted on the Conservation page of the LWC website for easy access.

The application to have the City of Lilburn certified as a Bee City USA is ready to be submitted. We are scheduling a short face to face meeting with the Mayor prior to submitting to basically ask for the City's blessing and answer any questions or concerns. With the Camp Creek Trail and Community Garden in our back yard, this initiative is a good fit for Conservation.

We're looking into regionally sourced milkweed seeds for the Monarch butterflies. This is the plant where they lay their eggs. Growing the plants from seed is so much less expensive than buying plants.

The Tucker Historical Society's Annual Garden Tour was Saturday, May 21st, with 4 LWC members touring both for enjoyment and gathering information on ways to incorporate the THS's success and details into the LWC Garden Tour. There were 7 gardens on the tour including the Master Gardener's Butterfly Garden where there was a plant sale to benefit that particular garden. Gardeners are so willing to share. All of the red bee balm had been sold;

however, one of the Master Gardeners is potting some from his garden to share with us in the Pollinator Garden!

Conservation will have one meeting this summer to prepare for our week -- The Dog Days of Summer - at the Farmer's Market. This year we're considering having a blanket and towel collection to be donated to an animal shelter and asking a local animal advocate group such as Furkids to add to our display. Our fall projects will include a small planting session at the Post Office in late September as the grant Kate received stipulates a completion by October. We'll also transplant some plants over to the Pollinator Garden, add new signage, and, of course, the Plant Swap which tentatively will be held the second Saturday after Lilburn Daze. It'll just be an informal "fun" half day for those who want to participate.





Domestic Violence: Pat Swan & Linda Newton

Domestic Violence Report for June Newsletter

Wow! The first six months of working with the Domestic Violence team has been awesome! The team has read to children at the Gwinnett Safe House (with music, crafts and a book to keep) four times much to the delight of both the children and the team. Some team members have managed the Children's boutique at the Safe House (and have done so for several years). A team member made decorated cupcakes for a birthday at the Safe House that turned into a treat for the children at a Easter Egg Hunt and another provided a cake and decorations to celebrate a survivor's birthday. This was the first year that it has worked out for us to provide a meal for the ladies at the Safe House. Five of us attended a Georgia Child Fatality Review in January and learned that 3 infants a week die in Georgia because of unsafe sleep practices. We designed and printed 2000 Safe Sleep for Infants bookmarks and a member worked with Lilburn libraries to display them and give them away. Another member has placed them in pediatrician and OB offices. Another member shared the Safe Sleep bookmarks with DFCS workers. We did two Prevent Child Abuse Georgia pinwheel gardens and gave away over 300 pinwheels. A team member created a wonderful hand care gift for the women at the Safe House for Mother's Day. We are blessed to have a great team sharing and implementing ideas, working together and having fun!



We are taking the summer off after our June 10 night at the Lilburn Farmer's Market. We will pick up again at National Night Out on August 2 and a Sing-a-long at a Senior Center on August 12. We will attend a Prevent Child Abuse Georgia conference in September and have a table at the Cool Ray Field Safety Fair in October. We look forward to sharing more with you when we host the October General meeting.



Education: Barbara Brown & Nancy Delaney

Overview of 2016 Scholarships: We had 36 applications, six of which were art scholarship applications.

Our winners were: General \$2500 each to Evann Brantley, Parkview High School and Katherine Harper, Greater Atlanta Christian. Art \$1,500 to Meghann Ashley, Parkview High School. We gave 3 \$1,000 scholarships to Dorothy Jackson, Kristye Osborne and Chandra Raab from Gwinnett Technical College. We have also sponsored 4 students from Berkmar, Brookwood, Meadowcreek and Parkview High Schools in the amount of \$195 each. We have paid out \$10,280 to local students.

Congratulations to Parkview High School that competed at the Odyssey of the Mind 2016 World Finals!

It was a creative extravaganza where more than 800 teams from all around the world shared their ideas and work. While only a few left with a trophy, everyone came out a winner just by solving an Odyssey of the Mind problem and



competing on the world stage. Parkview ended up in the top ten. We collaborated with International and supported Parkview's team for their trip to Ames, Iowa. The team places 1st in Georgia.

HOBY Georgia Southeast will be held June 17-19 at Georgia College in Milledgeville. Education will be down there helping with registration and dropping off a donation of snacks from the Education Program.

We are participating at the Lilburn Farmers Market having our Little Free Library available. We will have a sign up sheet for the 13 weeks at our June General Meeting. We will be there on June 3rd for anyone to stop by and check us out.





International Outreach: Christine Peredney & Kathy Shepherd

Dates to remember for June are as follows:

June 4- International Day for Innocent Children- Victims of Aggression; **June 5-** World Environment Day and **June 20-** World Refugee Day.

Clarkston, GA is the home to many recently resettled refugees. According to two featured articles in the May 15, 2016 Metro Section of the Atlanta Journal-Constitution, these individuals from war torn countries are among video gaming's more avid customers. Some lose their homes or their lives. The other article is an interview with Dr. Heval Mohamed Kelli who volunteers on Sundays at the Clarkston Community Health Center. He, himself, was a refugee in Clarkston who excelled in school and graduated from Morehouse School of Medicine.



There will also be a sign up sheet to volunteer with Harmony Grove United Methodist Church for the summer lunch program for some of the Lilburn children in need.



IO is teaming with education to hand out books at Lilburn Daze. Children's books can be brought to the June general meeting.

Two IO members will be teaching Ethiopian students for two weeks at Rehoboth Baptist Church. School supplies and bottled water would be greatly appreciated and accepted at the June general meeting.

Come to the Farmers' Market on Friday June 17 and bring your children, grandchildren or neighborhood children to taste some international fruits.



Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

Art:

Wine corks

Conservation:

Fronts of greeting cards
Batteries

Domestic Violence:

Children's Helmets
Laundry Materials
Cleaning Materials

Education:

Children's Books
Adult Books

Home Life:

Canned Food
Macaroni
Ziploc Bags
Plastic Wrap
Aluminum Foil
Paper Towels
Dish Cloths
Kitchen Towels
Book of Stamps
DVD Family Movies
Plastic Forks

International:

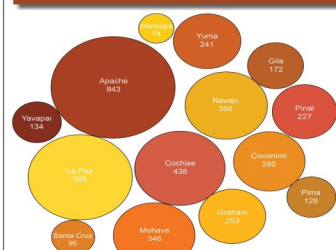
Household & hygiene supplies for refugees
8 pk of water

Public Issues:

Pajamas for Men & Women

A different kind of desert:

food desert



Corbis News graphic by Betty Goodland. Bubble graph from Many Eyes website. Information from Food Desert Locator and 2000 U.S. Census Bureau statistics.

This graphic shows the rate of people per 1,000 living in food deserts. According to the national Healthy Food Financing Initiative, food deserts are areas that host a higher percentage of low-income families, and where healthy and affordable food is difficult to access.

Large grocery stores need to be more than one mile away from an urban neighborhood, and 10 miles or more for a rural area to be considered a food desert. Greenlee County doesn't appear on the graphic because there are no food desert tracts in that region.

He researched the health risks associated with food deserts, low income communities where access to healthy, affordable food is hard to come by and where there is the increased risk for developing diabetes, high blood pressure and cardiovascular diseases. Food deserts are also located in Gwinnett County. The local co-operative ministries welcome donations of fresh produce. Cash donations are also be given to the Atlanta Food Bank or the Lilburn Co-operative Ministry to supplement the quality and variety of foods given to the needy. IO supports reducing world hunger.

Members are encouraged to make pillowcase dresses this summer to be sent to Little Dresses for Africa. Christine has copies of the dress instructions and will bring copies to the general meeting in June.



Public Issues: Carmen Stewart & Lori Bottens

Public Issues has invited the Lilburn police department to present at the Lilburn Farmers Market "touch a police car" on Friday, June 3. This is a chance for kids to look at the police car and talk with officer Mike Johnson, the Lilburn Safety Officer.

There is a Lilburn Car Seat Check Event on Saturday, June 4 from 10:00AM-1:00PM. This is an opportunity to have your child's car seat or booster seat checked for FREE. No appointment necessary! Trained professionals will check that your car seat is installed properly and that you're using the correct type of seat for your child. Free event.

The Lilburn Community Partnership is hosting a tour of the Wynn-Russell House on June 12 from 10-2PM. The house is listed on the National Register of Historic Places and offers a glimpse into Lilburn's past.

June is National Internet Safety Month. They recommend that all internet users follow [three simple steps](#) when connecting to the Web: STOP. THINK. CONNECT.

- **STOP:** Before using the Internet, take time to understand the risks and learn how to spot potential problems.
 - **THINK:** Take a moment to be certain the path ahead is clear. Watch for warning signs and consider how your actions online could impact your safety, your kids' safety or that of your family.
 - **CONNECT:** Enjoy the Internet with greater confidence, knowing you have taken the right steps to safeguard yourself, your family and your computer.
- <https://www.stopthinkconnect.org/tips-advice/general-tips-and-advice> for more information and some great advice.

Lori Bottens
Public Issues

"Behind the Garden Gate" Tour



Have you been to the "Behind the Garden Gate" page on the LWC website recently? If not, you're missing out. The entire web page has been completely re-vamped with new artwork and actual photos from one of our member's garden. It is absolutely gorgeous! Remember to share this web page with all your friends, neighbors and co-workers.

Ticket sales are the key to the financial success of the garden tour and **will be available for sale at the May and June meetings.** Consider gathering a group of friends or co-workers for a "Girls Day Out" – tour the gardens, lunch at one of the local restaurants and, don't forget to make a stop at the Sellable Tent where garden-themed items will be available for sale and opportunity tickets can be purchased.

There are 8 amazing destination gardens confirmed for the garden tour. The tour includes an entire spectrum of gardens ranging from the traditional Country Living to a Native Plant Lover's Delight. A complete description of each is on the Sneak Peek page of the garden tour web page.

The latest addition is the Knight Elementary School Outdoor Learning Environment. This garden was designed to reconnect students with nature and includes a multitude of smaller vignettes within itself. A Rose of the Winds or compass rose will be a new addition to this year's garden. These are often seen as a centerpiece in formal gardens. You do not want to miss this garden!

Committee members toured all of the gardens in mid-April for set-up and signage logistics and all were able to meet some of the homeowners. They seemed excited to be hosting our guests for the tour and we could see the spring preparations in full swing.

Lots and lots of volunteers will be needed on that day at the starting point and at each of the gardens to check in guests and assist in the garden area. The shifts are structured so that you'll still have time to visit the gardens before or after a shift. Mindy Crean will be scheduling volunteers during May.



June, 2016

Check www.lilburnwomansclub.org/Calendar.html for updates.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Garden Tour Homeowners tour Jane Heyers	2 LWC Mtg: 7PM Potluck Dinner Calvary Baptist Church	3 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church Garden Tour Prep Day	4 Behind the Garden Gate 9AM-3PM
5	6	7	8	9	3 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	11 Hi-Hope Dance
12	13	14 Lilburn Daze Mtg 7PM—Dianna Carson's	15	16 Exec. Bd. Mtg 7PM Nash Barn	17 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	18
19	20 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	21 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	22 Summer Lunch Prog.- 11AM-1PM Harmony Grove Meth. Church	23 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	24 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	25
26	27 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	28 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	29 Summer Lunch Prog.- 11AM-1PM Harmony Grove Meth. Church	30 Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	Summer Lunch Prog.- 11AM- 1PM Harmony Grove Meth. Church	

HAPPY BIRTHDAY!

June 4 — Debbie Slappey
 June 6 — Barbara Brown
 June 10 — Joette Segars
 June 20 — Margarita Bolet
 June 23 — Brenda Dana

