



Executive Officers 2019

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Barbara Brooks

1st Vice President/
Membership
Ana Kolb

2nd Vice President/
Programs
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Suzanne Heimil

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Susan Allred

Parliamentary Advisor
Pat Swan

Community Concern

GFWC Lilburn Woman's Club

www.lilburnwomansclub.org

March, 2019

President: Barbara Brooks

Rain, rain go away. Come again some other day! I have been chanting this saying for quite a while. Looks like we have a short break then the cold and wet returns. Lilburn Woman's Club is my "sunshine" everyday and regardless of the weather outside, we are always shining bright!!!

There are so many wonderful things going on in March! Check your email and the LWC calendar for constant updates for the many activities that are scheduled in March. The "big" events include Jaw Bones vs. Saw Bones event on March 9th to benefit the Side by Side Club House; the NE District Spring Meeting on March 23 in Gainesville and Spring into Art on March 24 at the Lilburn City Hall. Plus, programs are having meetings and events throughout the month and the social committee has several small get togethers planned. Attend what you can, you don't have to do everything!

New to the club or haven't been able to attend many meetings lately? The program meetings and small social events are great ways to get to know each other. I have had the pleasure of attending a couple of the coffee chats. Good coffee and great company! Last week there were only 4 ladies at the coffee chat. We had a great time talking and I learned a lot from the other three ladies.

March is Women's History Month and March 8th is International Women's Day! Celebrate your accomplishments! Recording the Club's activities is our history! LWC is responsible for the railroad crossing gates in the Lilburn City limits; LWC is responsible for Lilburn City Park and the first library in Lilburn and so much more. If you are in Washington DC, visit the GFWC headquarters which houses a wonderful collection of women's history. If we don't tell our story, no one else will.



2nd Vice President: Diane DeGaetano

2019 Monthly Program Schedule - If you signed up for a specific month, please offer a volunteer from your program to do the inspiration and notify Diane dsdegaetano@Comcast.net. You and your group are responsible for the meeting refreshments: food, drink, table coverings, decorations, tableware (plates, cups, napkin, silverware).

March - Conservation

Sept.- Art

April - Public Issues

Oct. - Domestic Violence

May - Education

Nov. - International Outreach

June - Home Life

Dec. - Social Christmas Auction & Dinner

July & Aug. - No general mtgs.



Art: Brenda Dana

Community Service Program Chairs

Art
Brenda Dana

Conservation
Mandy McManus
Andrea Brannen

Domestic Violence
Beth Werve

Education
Jennie Nall

Home Life
Nadine Bily

International Out-
reach
Dianna Carson

Public Issues
Patty Gabilondo

Committees

Lilburn Daze
TBA

Social
Ana Kolb

Scholarship
Lori Harrison

Garden Tour
TBA

Communications
Brenda Dana

Websites, Facebook
Andrea Brannen

Newsletter
Dianna Carson

Fundraising
Dianna Carson

Spring Into Art – Our annual elementary art exhibition will take place at the Community Room in Lilburn City Hall on Sunday, March 24, from 1 to 3 pm. Set up will take place Saturday, March 23, at 10 am. Invitations to participate have been mailed to all the Lilburn elementary art teachers. So far we have heard back from all but two elementary schools – expecting great participation from them all! Watch Sign Up Genius for sign ups for volunteers and cookie contributions for the reception at the event.

Supporting the Gwinnett Tech Culinary Arts Program - Luncheons have been discontinued until fall semester. Instead the Culinary Arts Program will be hosting three Farm to Table dinners on February 14, March 28 and April 11. We are on the wait list for a table in March. Farm to Table dinners are \$30 per person and are at 7 pm. Watch Sign Up Genius for reservations for March if a table comes available and April.

Staged Right will be performing Matt and Ben Hannary Swim and Racket Club, 595 Johannah Place Sw, March 8 – 17th. Fridays and Saturdays at 8 pm and Sundays at 2:30 pm. Cost is \$15 for adult, \$12 for student/senior. Tickets may be purchased at www.stagedrighttheatre.org.

Supporting Aurora Theatre – Men with Money will be at the Aurora 3/7/19 – 4/7/19 and Erma Bombeck: At Wits End will be performed 3/22/19-4/14/19. Visit www.auroratheatre.com for ticket information.

Future projects planned for the Art Committee - We are planning to make cork wreaths to sell this year at Lilburn Daze and we are partnering with Conservation to crochet mats for the homeless using plastic grocery bags. **Please save your corks and plastic garbage bags and bring to the next general meeting.**

Next Art Meeting – Saturday, March 2, at 1910 Public House.





Conservation: Mandy McManus & Andrea Brannen

Conservation is preparing for a hands-on General Meeting in March. It is going to take the entire club working together to complete this project. We will need folks that can cut, make yarn (string made out of plastic bags) and crochet. It will take a village to make these sleeping mats using plastic grocery bags. Check out this video to see what we will be doing: <https://www.youtube.com/watch?v=axblGs25dN4>. Brenda Dana will be giving crochet lessons during the meeting to anyone that is interested. Thank you, Brenda!

Conservation will have 10 kits that will contain a crochet hook, 2 balls of plarn, a ribbon to measure the width of mat, and instruction sheet for members to use during the meeting and then check out to take home to work on after the meeting.

Please bring scissors, any plastic bags you have at home (it takes between 600 and 700 bags to make 1 mat), and large crochet hook (if you have one – please don't go purchase one).



In keeping with our efforts to conserve, we are asking all members to **bring a reusable water bottle or cup to the meeting for their drink**. Conservation will be providing finger foods to eat – no utensils needed!



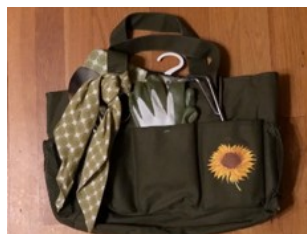
[This Photo](#) by Unknown Author is licensed under The Aquaponics tour was amazing!



Everyone that attended was blown away. Check them out on [Facebook](#) and on their website, brookwoodaquaponics.com. These students are definitely thinking outside the box to save our planet. While we visited the lab, we learned about a summer project where Brookwood student interns will bring their expertise to Quatro de Septiembre, a school located in Honduras.

The interns have engineered a sustainable solution for an existing aquaponics system to help improve the longevity of the school's food source.

Conservation has already made a donation to this team and will be hosting a raffle for a gardening tote with tools and plants that will also support this project.



Mark your calendar for Thursday, March 21 – Conservation will be heading to [Gibbs Garden](#) to check out the Daffodil Colorfest. Meet at Lilburn Park parking lot at 9:30 AM to carpool up to Ball Ground, GA.

Sign up to join us <https://www.signupgenius.com/go/508084DAFAD2EA2F49-gibbs>



GIBBS GARDENS
SEASONS OF COLOR*

Having a Marie Kondo moment? Save your shoes and bring them to the General Meetings. Conservation is heading up a Shoe Drive that will run until the beginning of August. Spread the word.



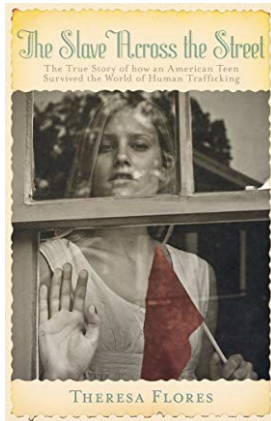


Domestic Violence: Beth Werve

Domestic Violence Awareness had our first program meeting this month. We reviewed our calendar for the year which includes many events we support annually.

Several of us have been reading the book written by the founder of The S.O.A.P. Project (Save Our Adolescents from Prostitution), The Slave Across the Street. The author is Theresa L. Flores and it is a heart-wrenching narrative of her induction into the terrifying world of sex trafficking at the age of 15. It is not a fun read but includes many interesting facts, recommendations and references for further action at the end.

One upcoming event that addresses the topic of



domestic violence is Teen Summit 2019 sponsored by Partnership Against Domestic Violence (PADV). It will be held this Saturday, March 2 from 10:00 to 3:00 at Decatur High School. Find out how to support our teens in building healthy relationships and how to avoid and respond to teen dating violence. This is a free event but you must register online: 2019PADVTEENSUMMIT.EVENTBRITE.COM

Another event coming up on Monday, March 11 is End Human Trafficking ATL Summit 2019. This summit features many interesting speakers who are experts in the field. There will also be several local journalists, law enforcement representatives, trafficking survivors and the Hartsfield-Jackson Airport General Manager, John Selden. It will be held at the Georgia International Convention Center near the airport. The summit runs from 9:00AM to 4:00PM (registration beginning at 8:00AM). It is also free but requires advance registration at EndHumanTraffickingATLSummit2019.com



Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

ART

Plastic Bags
Wine Corks

Conservation:

Plastic bags
Shoes

Domestic Violence:

Children's Helmets
Laundry Materials
Cleaning Materials
Lightweight clothing for rape victims

Education:

Children's Books
Adult Books
Dr Seuss Books

Home Life:

International:

Washcloths
Dried Beans,
Rice
Canned food
Clothes
Shoes
Fabric
Small soaps
Onion/fruit bags
School Supplies
Children's books
Gallon size Ziploc bags
New or lightly used bras
Soft Drink tabs
Ladies or girls panties

Public Issues:

Pajamas for Men & Women
Worn & tattered flags



Home Life: Nadine Bily

Remember the Hi Hope pot-luck get together on Saturday, March 23rd, from 4:00 to 6:00 p.m. in the Lifelong Learning Center at 882 Hi-Hope Rd, Lawrenceville. You will be able to have a look at the new renovations in their main building. RSVP to Nick Reynolds at 678-814-7184 by March 15. Each attendee is asked to bring a dish for the pot luck. Last names beginning with A-F – main course, G-N – side dish, O-Z – dessert.



March 26 (the last Tuesday of March each year) is American Diabetes Association Alert Day. This is a one-day event that encourages everyone to take the Type 2 Diabetes Risk test and participate in workplace-friendly activities that will teach about reversing the risk for diabetes. One in three Americans is at risk for developing type 2 diabetes. A 60-second Type 2 Diabetes Risk Test can be found

on-line, and Home Life asks that each member takes it. Blue is the color for diabetes. We will hand out blue ribbons at the March general meeting.

March is also National Brain Injury Awareness Month. A Sign Up Genius has been distributed asking for your help with the annual Jaw Bones/Sawbones basketball event which raises money for the Side By Side Clubhouse in Stone Mountain.

March 2016
BRAIN INJURY
AWARENESS MONTH
Prevent, Recognize, and Recover



The basketball game will be March 9 at 4:00 p.m. at Decatur High School. Doors open at 3:00 p.m. Several members attended the reception held February 5 to honor the Lilburn Woman's Club and the Stone Mountain Woman's Club for the support the two clubs have given to the clubhouse, and we were able to tour the facility. Jawbones/Sawbones is their main fundraiser, so please support this event through ticket sales, volunteering at the event, or participating in the online silent auction.

Yoga anyone? If you are currently a yogi, or if you are not but you would like to give it a try, Performance Power Yoga in downtown Lawrenceville (across from The Aurora Theater) has a perfect FREE opportunity for you. They are finishing a teacher training session with six eager students about to graduate. One of their course requirements is to teach two yoga classes, so PPY is offering 12 classes FREE TO THE PUBLIC during the month of March. Classes are one hour each and will be: March 1 - 8:00am, March 5 - 4:30pm, March 9 - 10:30am, March 10 - 10:30am, March 16 - 10:30am, March 17 - 4:30pm, March 18 - 12:00pm, March 20 - 4:30pm, March 23 - 10:30am, March 24 - 10:30am, March 24 - 4:30pm, and March 27 - 4:30pm. If interested, you can sign up for the classes in Facebook, with the Mindbody app, or contact Nadine Bily for help with registration. It would be great if a group of members found a session to attend together!



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Education: Jennie Nall

Education Meeting - Please join us for lunch Thursday, March 14th at 11:30 A. M. at Nancy Chilcoat's for lunch...1716 Stillwood Forest Drive, Lilburn RSVP to Jenny Nall 770-921-1909

Agenda: Prepare Scholarship applications for the Scholarship Committee. Finalize plans and invitations for the Scholarship Tea.



BROOKWOOD HIGH SCHOOL REPRESENTATIVE is Rebekah Ray

PARKVIEW HIGH SCHOOL REPRESENTATIVE is Catalina Macedo Jiang

BERKMAR HIGH SCHOOL REPRESENTATIVE will be selected this Friday.

Six volunteers had a WONDERFUL visit at Lilburn Elementary School where we read Dr. Seuss books to kindergartners and first grade classrooms! Many thanks to Susan Boudreaux, Nancy Chilcoat, Diane DeGaetano, Judy Nash, Jenny Nall, and Pat Swan

On behalf of the club, the Education Department and members donated a Dr. Seuss set of books plus books that were listed by Dr. Dickie, Media Specialist as titles that were needed by the school's library for student check-out.



NATIONAL READ ACROSS AMERICA DAY (DR. SEUSS DAY)

National Read Across America Day is an annual event that is part of Read Across America, an initiative on reading that was created by the National Education Association.

Each year, National Read Across America Day is celebrated on March 2nd, the birthday of Dr. Seuss. However, if it falls on a weekend, it is observed in the school systems on the school day closest to March 2nd. This day is a motivational and awareness day, calling all children and youth in every community across the United States to celebrate reading.

HOW TO OBSERVE

Pick up an interesting book and read it. More importantly, read with a child. Use #ReadAcrossAmericaDay or #DrSeussDay to post on social media.

Lilburn Woman's Club will donate \$100 of new Dr. Seuss books to a local school that is over 90% economically disadvantaged.

The following members will meet at the Lilburn Elementary School media center, Friday, March 1st at 10:45 A.M. to read to first graders and kindergartners.

Susan Boudreaux, Nancy Chilcoat, Diane DeGaetano, Jenny Nall, and Judy Nash. Join us at 1910 at 12 to hear about our wonderful experience of reading to children on this important day.

Epsilon Sigma Omicron: Epsilon Sigma Omicron (ESO) is an honorary educational society open to all per-capita paying GFWC federated club members. Over 60 years ago, the ESO program became a permanent part of the GFWC Education Department. Through ESO, clubwomen are given direction in planned reading for self-

enrichment and personal growth. Many GFWC clubwomen have profited from this unique self-improvement program, seen as vital by the members it directly benefits.

ESO provides clubwomen with a structured reading program that is educational and stimulates a desire for self-improvement.

Members can participate in ESO as part of a reading group or on their own. The program provides membership, awards and certificates, pins, reading lists, and a framework in which to pursue continued self-improvement through reading. Many clubs combine club programming with ESO related activities, such as reading awareness and book promotion.

If you are interested in participating in the full ESO program, please check out the reading list at GFWC ESO or gfwcgeorgia.org.

GFWC Georgia suggests participation by reading aloud to children, establishing a book club, selecting 1 or 2 books for discussion during club meetings, and use of the library for personal reading. Please Track it Forward when you go to the library to check out personal reading materials or to read to children at the library or other venues. A list of recommended ESO fiction titles will be provided to the book club and available for perusal at the general meeting.

Scholarships: The GFWC Lilburn Woman's Club sponsors an annual award to one female high school senior. The student must demonstrate leadership, school and community involvement, academic excellence and an exceptional desire for higher learning. The student must have legal residency/address within the attendance area zone of one of the following schools: Berkmar, Brookwood, Meadowcreek or Parkview. The student may attend public school, a private school or be home schooled as long as the residency requirement is met. The award will be paid directly to the Financial Aid Department of the college/university where the applicant has been accepted and plans to attend. Money is to be used for tuition, room and board, fees, books or any other legitimate educational expense. The amount of the award is \$2,500.

The GFWC Lilburn Woman's Club sponsors an annual art scholarship to one female high school senior majoring in Art, Music, Theatre, Dance, Creative Writing or any other Arts related major. The student must demonstrate leadership, school and community involvement, academic excellence and an exceptional desire for higher learning. The student must have legal residency/address within the attendance area zone of one of the following schools: Berkmar, Brookwood, Meadowcreek or Parkview. The student may attend public school, a private school or be home schooled as long as the residency requirement is met. The award will be paid directly to the Financial Aid Department of the college/university where the applicant has been accepted and plans to attend. Money is to be used for tuition, room and board, fees, books or any other legitimate educational expense. The amount of the award is \$1,500.

Scholarship Committee will meet Monday, March 18th at 3 PM at Jenny Nall's home...911 Bradford Ct, Lilburn. A soup, salad, dessert, and munches will be provided.

Susan Allred, Past Education Chairman

Jenny Nall, Education Program Chairman

Sally Baker, Art

Doris Mann, Conservation

Mary Pope, Domestic Violence

Nadine Bily, Home Life

Jerolyn Randles, International Outreach

Christine Peredney, Public Issues

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www.lilburnwomansclub.o



International Outreach: Dianna Carson

Members met at Dominicks' in Norcross and chose projects that we would like to support this year.

Below are pictures of little girls in South Africa that received dresses and school supplies that we sent by William Brown. We have a lot more school supplies and other items to send.

We are meeting either 3/20 or 3/27 to make more dresses for school in Haiti. Planning on making 50 dresses. We will meet at Dianna Carson's.



Public Issues: Patty Gabilondo

FUN FACT: Did you know that there are more than 93,000 female veterans currently residing in the state of Georgia and LWC is fortunate to have two active members who are veterans – Christine Peredney and Kathy Hartman. We thank you for your service to our country ladies.

March 12 - NATIONAL GIRL SCOUT DAY Girl Scouting in the USA began on this day, March 12, 1912, when GFWC Georgia clubwoman Juliette Gordon Low organized the first Girl Scout troop meeting in Savannah, Georgia. There were 18 girls present. For these girls, Juliette Gordon Low organized enrichment programs, service projects, and outdoor activities and adventures.

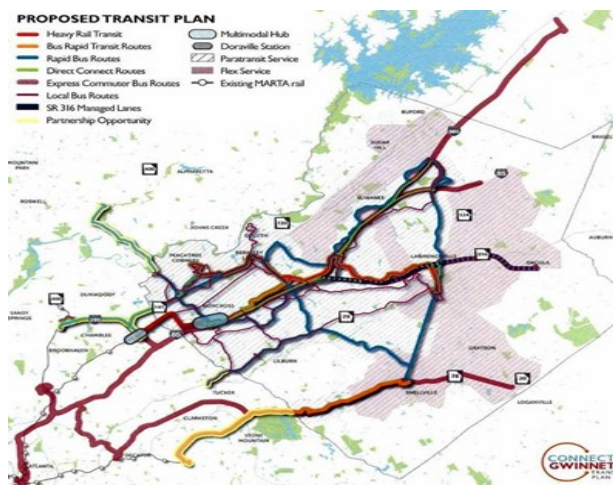


National Girl Scout Day

March 12

www.NationalDayCalendar.com

March 19th – VOTE! Special Election to decide Yes or No on the Proposed Gwinnett Transit Plan including MARTA expansion of services. Be an informed voter. There are a lot of moving parts for voters to consider. Plan to attend one of many educational session and town hall meetings around Gwinnett County over the next few days to learn more about how these plans will affect you and your community for years to come and how it will impact your taxes.



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Public Issues: Continued

GFWC Legislative Alerts – GFWC Int'l is asking all club members to sign up for most current information supported and monitored by GFWC. There is no charge, it is simply to build awareness of how our organization works with Congress to update, change and endorse non-partisan legislation in an effort to improve the lives of others. Please try it, and see what you might learn. Let us know what you think about these alerts, and we'll provide feedback. <http://www.cqrcengage.com/gfwc/app/register?14&m=42271>

Safety Tip: March is **Poison Prevention Month** and it's that time of year where chemicals are more heavily used in the garden which are poisonous if swallowed or inhaled.

Stay away from areas that have been sprayed until the spray has dried or for at least one hour.

Wear protective clothing when using bug spray or other spray products -long-sleeve shirt, long pants, socks, shoes, and gloves.

Remove and wash clothing after using chemicals.

If pesticides are splashed onto the skin, rinse with running water for 15 to 20 minutes.

If ingested- call the Poison Help Hotline immediately!



March 10. 2019



March, 2019

Check www.lilburnwomansclub.org/Calendar.html for updates.

| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
|--|--|---|--|--|---|---|
| | | | | | 1 Education: Read Across America Georgia Native Plant Society work days at Propagation Nursery | 2 Art Program Meeting 11AM @1910 |
| 3 | 4 | 5 | 6 Library Lovers Livin' for Life for Seniors | 7 Gen Mtg. 7PM at Calvary Bapt. | 8 ART Staged Right Productions Hanary Swim & Racket club 8PM | 9 Stone Mt Propagation Nursery work days |
| 10 Art: Staged Right Productions 2:30 -4PM | 11 | 12 Social: Babinelli's Italian Restaurant, 6—8 PM | 13 | 14 Ed Prog-Mtg Nancy Chilcoat's 11:30 -1PM | 15 Staged Right Productions 8PM | 16 4-6PM Lilburchaun Parade in the park—City Pk Staged Right Productions 8-8:30PM |
| 17 Staged Right Productions | 18 Ed Scholarship Committee meeting | 19 Social: Chow Time 12-12:30 | 20 Conser-Gibbs Garden | 21 Georgia Native Plant Society work days at Executive board 6:45 | 22 Social Chat Coffee 9-10AM Alcove Coffee House, Hwy 78 | 23 NE Dist. Spring Mtg Spring into Art Set Up 10-12 Hi-Hope Service Center Potluck Dinner 4-6PM |
| 24 Spring into Art 1-3PM 30 | 25 Public Issues: Mayor's Townhall Meeting | 26 | 27 | 28 Art: Farm to Table Dinners 7-9PM Gwin. Tech. | 29 | 30 Lilburn's Great America Clean-up 8-11AM |



Birthdays

Mar. 3—Pat Shaver
Mar. 7—Nancy Chilcoat
Mar. 7—Gloria DiMaggio Tow
Mar. 12—Diane DeGaetano
Mar. 17—Lori Bottens