



GFWC Lilburn Woman's Club

www.lilburnwomansclub.org

December, 2020

President: Diane DeGaetano

Executive Officers 2020

President

Diane DeGaetano

1st Vice President/

Membership

Ana Kolb

2nd Vice President/

Programs

Mandy McManus

Recording Secretary

Kathy Mattox

Corresponding Secretary:

Christine Peredney

Treasurer/501c3

Susan Allred

Parliamentary Advisor

Pat Swan



THERE IS NOTHING YOU CAN DREAM THAT YOU CAN'T ACHIEVE
HAVE THE COURAGE TO GO AFTER YOUR DREAMS AND BELIEVE
ALWAYS REMEMBER YOU ARE BEAUTIFUL AND UNIQUE
NEVER GIVE UP WHEN GOING AFTER WHAT YOU SEEK
KEEP REMINDERS AROUND TO REMIND YOU OF YOUR DREAMS
SAVOR THE PRESENT FOR IT GOES QUICKER THAN IT SEEMS
GIVE MORE TO OTHERS THAN YOU RECEIVE
INSPIRE OTHERS WITH ALL THAT YOU ACHIEVE
VALUE YOURSELF; YOU ARE PERFECT FOR YOU
INDIVIDUALITY IS IMPORTANT SO LET IT SHINE THROUGH
NOTICE THE SMALL MIRACLES ALL AROUND YOU
GREATNESS STARTS FROM WITHIN AND IS IN ALL THAT YOU DO

Hi, Ladies: I had to have a serious message and a funny one - hope you enjoy! See you all in 2021 either in person or via Zoom. God's Blessings to you all.



Merry Christmas To My Female Friends

If I were ol' Santa, you know what I'd do
 I'd dump silly gifts that are given to you
 And deliver some things just inside your front door
 Things you have lost, but treasured before. I'd give you back all
 your maidenly vigor,
 And to go along with it, a neat tiny figure.
 Then restore the old color that once graced your hair
 Before rinses and bleaches took residence there. I'd bring back
 the shape with which you were gifted
 So things now suspended need not be uplifted.
 I'd draw in your tummy and smooth down your back
 Till you'd be a dream in those tight fitting slacks. I'd remove all
 your wrinkles and leave only one chin
 So you wouldn't spend hours rubbing grease on your skin
 You'd never have flashes or queer dizzy spells
 And you wouldn't hear noises like ringing of bells. No sore aching
 feet and no corns on your toes
 No searching for spectacles when they're right on your nose.
 Not a shot would you take in your arm, hip or fanny
 From a doctor who thinks you're a nervous old granny. You'd never
 have a headache, so no pills would you take.
 And no heating pad needed since your muscles won't ache.
 Yes, if I were Santa, you'd never look stupid
 You'd be a cute little chick with the romance of a cupid. I'd give a
 lift to your heart when those wolves start to whistle
 And the joys of your heart would be light as a thistle.
 But alas! I'm not Santa. I'm simply just me
 The matronest of matrons you ever did see. I wish I could tell you
 all the symptoms I've got
 But I'm due at my doctor's for an estrogen shot.
 Even though we've grown older this wish is sincere



Merry Christmas to you and a Happy New Year.

Corresponding Secretary: Christine Peredney

The corresponding secretary regularly goes to the Lilburn Post Office Box to retrieve its contents. Most of the mail now is solicitations for funds and these are recycled due to lack of funds in the treasury. The amount of correspondence from the Lilburn Woman's Club has diminished with less financial transactions. The Club is still busy at work but has become very innovative with the projects and is spending far less money.

The sunshine opportunities now take most of the time, money and energy. As a club, we must support the members who contribute their money, time and talents. Eleven members celebrated birthdays in November and each member was sent a card. Seven get well cards were sent out this month.

According to the Standing Rules, members who are hospitalized are given a small get well gift. I am thankful to members who gave suggestions on gifts and where to find them. This sunshine chair purchased six beautiful Christmas CactI and four have been hand carried to their destination. Dianna Carson was kind enough to accept the flower for Debbie Slappey and will give it to her when she is released from the hospital. I carried two flowers to Brenda Dana and Joette Segars on November 23, 2020. Gloria Tow was kind enough to be the navigator to take a flower to Jerolyn Randles in Hamilton Mill and to take a gift to Jo Ann Jones in Grayson, who requested chocolate candy for her knee surgery gift. The two of us had quite a journey of over two hours taking these gifts to the members' homes on November 24, 2020

We have some pending surgeries coming up. These individuals will also be remembered with a small gift. Please keep me posted so I can send cards to those who are ill and can get a gift to those who are home from surgery.



Community Service Program Chairs

Art & Culture
Gloria Sill

Civic Engagement & Outreach:
Ginnie Childers & Adela Salame-Alfie

Education & Libraries:
Patty Gabilondo
Jenny Nall

Environment
Mandy McManus
Andrea Brannen

Health & Wellness:
Arthy White & Cheryle Haynes

Committees

Lilburn Daze
Nadine Bily

Social
Kathy Shepherd

Communications
Brenda Dana

Websites, Facebook
Andrea Brannen

Newsletter
Dianna Carson

Fundraising
Dianna Carson

Social: Kathy Shepherd

Verizon 2:39 PM

← **SignUpGenius** ☰

WINE COUNTRY GIFT BASKETS Season's Greetings Gift Basket 49.95

LWC
CHRISTMAS AT LAMADELINE'S

Lilburn Womans Club will be having a dinner at laMadelines on Thursday, December 3, 2020. If you would like to carpool please meet at the new Lilburn City Hall at 6:15. We have reserved a room there.

LaMadeline's is located at 1795 Mall of Georgia Blvd., Buford, Ga. 30519

Thursday, December 3, 2020 7:00 (Meet at City Hall parking lot at 6:15 if you want to carpool.

Please review the available slots below and click on the button to sign up. Thank you!

[View Truncated Description](#)

Created by: K Shepherd ✉

Available Slot

dinner



Art and Culture: Gloria Sill

Though we aren't able to work on any more projects for this year, we need to look closely to all of the art in the world around us. Everything is science and art. Every package we use was designed by someone. Every product we use was designed by someone. That's science and art. All of our holiday decorations are artistic expressions. The way we plant and design our gardens is art. The way we set our tables for the holidays is art. The colors of nature including plants, animals, and the sunset is God's art. If you are able to look at the world through an artist's eye, you will see all of the colors and textures in everything natural and manmade. If you look closely at anything made by humans through architecture and science, that is art.

Art is not just a painting, sculpture, jewelry, music, and home decor, it is everything that makes the world more balanced and palatable to the eye, the ear, and to the senses. The world is art. Happy holidays with love and warmth from the Art Committee!



Civic Engagement & Outreach: Ginnie Childers & Adela Salame-Alfie

Dear Ladies,
As we approach Thanksgiving, a time to give thanks for our blessings, we want to thank our members for their generosity and for stepping up to help during this challenging time of need. Even though we have no budget for our projects, we have managed to collect socks for the middle school, cleaning supplies for the Safehouse, treats/toiletries and other essentials for Treats for Troops and Christmas shoe boxes so kids can have something for them this Christmas.

We are an extraordinary group of women and I'm proud to be part of this giving, caring group. Thanks for everything you do every day, for everything you have done this year and for your continued support moving forward. Have a wonderful Thanksgiving.

Adela, Ginnie, Beth, Kathy, Lee, Gale, Laurie, Patty, Susan K., Linda P. Mary P. Jerolyn, Pearl, Janet





Environment: Mandy McManus & Andrea Brannen

Many members might remember when Conservation (before the renaming to Environment) hosted the Free Cycle table at meeting. Members would bring items that they no longer needed and other members would take them home. Our little project has taken a big social media turn.

For those of you on Facebook, check out 'Buy Nothing Lilburn, GA'. This unique private Facebook group is unlike any other group out there and easy to join – if you are interested, just request membership. 'The Buy Nothing Project is a special place. We do things a little differently here because this is a radical experiment in getting away from the market economy and creating community.'

The Buy Nothing Project began when two friends, Rebecca Rockefeller and Liesl Clark, created an experimental hyper-local gift economy on Bainbridge Island, WA, in July, 2013. Since then, it has become a worldwide social movement, with groups in 30 nations.

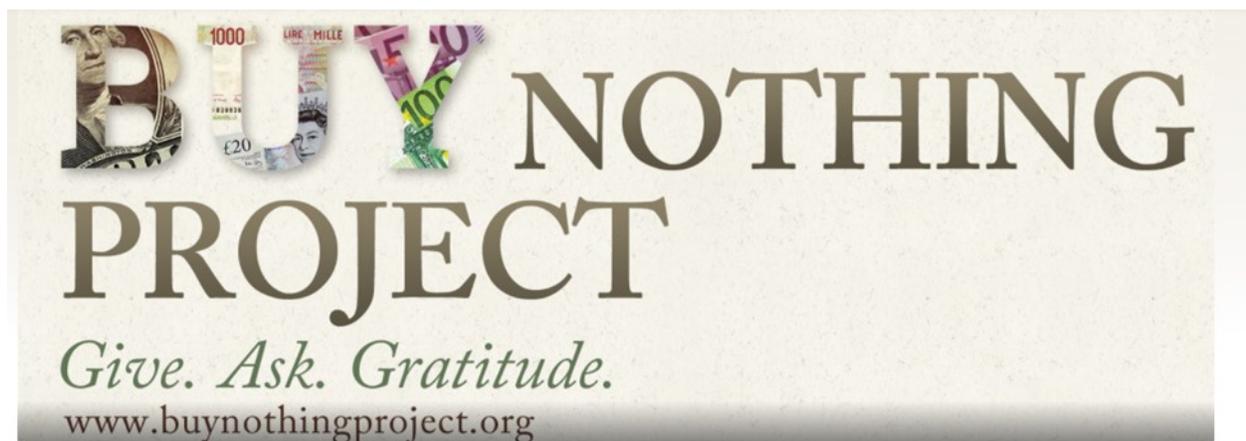
Local groups form gift economies that are complementary and parallel to local cash economies; whether people join because they'd like to quickly get rid of things that are cluttering their lives, or simply to save money by getting things for free, they quickly discover that our groups are not just another free recycling platform. A gift economy's real wealth is the people involved and the web of connections that forms to support them. Time and again, members of our groups find themselves spending more and more time interacting in our groups, finding new ways to give back to the community that has brought humor, entertainment, and yes, free stuff into their lives.

The Buy Nothing Project is about setting the scarcity model of our cash economy aside in favor of creatively and collaboratively sharing the abundance around us. (<https://buynothingproject.org/about/>)

Do you need something or help with something, go to the group and 'Ask'. It might be help setting up your TV, a spice or a game.

Do you have something that you no longer need – 'Gift' it to someone in our community. Gifts can be anything – games, plants, canned goods, out-grown clothes – the list is endless.

Once you get something, show 'Gratitude' by posting how you are using the item. It is so neat to see how folks can update the 'gifted items.' What a great way to upcycle our resources, keep usable items out of landfills and support our neighbors. Truly one man's trash is another man's treasure.





Education and Libraries: Patty Gabilondo, Jenny Nall

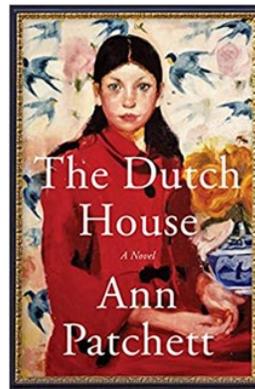
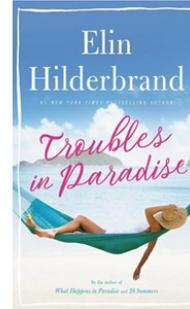
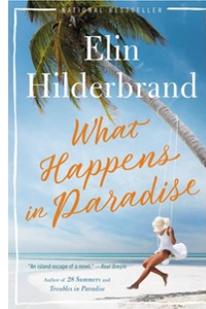
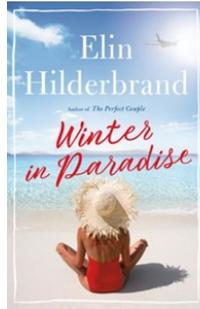
LWC Book Club's will meet again via Zoom on Monday **December 7th @ 7pm** to discuss the Paradise Trilogy by Elin Hilderbrand including 'Winter in Paradise' 'What Happens in Paradise' and 'Troubles in Paradise'.

Find out what happens to Irene when her doting Midwestern businessman husband is killed in a helicopter crash in the Caribbean, and she and their sons learn about his secret life in the Virgin Islands.

LWC Book Club's next selection is 'The Dutch House' by Ann Patchett. We'll meet again via Zoom at 7pm on **Monday, January 18th**. This best seller is a richly moving story that explores the indelible bond between two siblings, the house of their childhood, and a past that will not let them go.

The Dictionary Project was started in the Lilburn Womans Club several years ago and each year we strive to provide special dictionaries to all 3rd grade students area Lilburn elementary schools. It is believed that by the third grade, students are 'reading to learn' instead of 'learning to read'. In the summer of 2020, Patty Gabilondo applied for a grant from the "Believe in Reading" organization owned by the Steve and Loree Potash Family Foundation. We received a \$2500 grant from them which will allow us to reach our full potential this year for serving the Lilburn area public schools/ students.

Due to COVID, we were unable to deliver books sponsored by the Sweetwater Masonic Lodge to Camp Creek last spring, so Patty dropped those off this fall. Then we received sponsorship from Lilburn Lion's Club for Knight Elementary and from Lilburn Business Association for Head Elementary. The Mountain Park Masonic Lodge could not sponsor a full school but did donate \$100 to the Dictionary Project fund. Coupled with our grant donation, LWC was able to cover all remaining Lilburn elementary schools as well as Gwen Oaks ES. Using dictionaries on hand from our original research of dictionaries, we were able to also donate dictionaries to the Parkview Christian Academy (private) 3rd grade students and placed those remaining in the GREAT Little Minds Libraries in Lions Club and Bryson Parks. Delivery of the all dictionaries will be completed 12/4/20. Overall, I'm proud to say we're donating over 1400 dictionaries for this 2020-2021 school year!



Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

Art:

Civic Engagement:
Soda can tabs

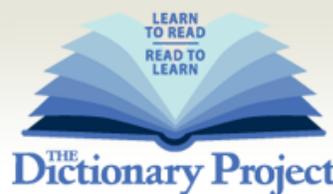
Education:

Environment:
Empty Ink Cartridge
Empty Pill Bottles
T-Shirts

Health & Wellness:

Lilburn Co-op:

Canned Peas
Canned Chicken, Tuna, Stew
Canned Mixed Veg.
Peanut Butter
Shampoo
Canned Pork & Beans
Toilet Paper
Cereal
Hamburger Helper





Health & Wellness: Arthy White & Cheryle Haynes



COVID-19 information and advice

This year has brought many changes and we have faced many challenges along the way. As we look to the future we face yet another challenge as the holiday season comes around, please remember to stay safe as you visit with family and friends.

Here's a article on holiday planning, and information on an upcoming health fair and events. Have a happy and blessed holiday season!

Holiday planning during the pandemic

Traditionally, the end of the year is filled with holiday celebrations, family gatherings, and good cheer — but the holidays will look a little different this year. As the COVID-19 pandemic continues, the [CDC](#) cautions that holiday gatherings and travel carry a high risk for getting or spreading COVID-19.* That's why it's important to celebrate safely this year — and act responsibly to protect yourself and your loved ones.

Celebrating with those in your household is the only safe option and the best way to protect yourself and others. But there are still many ways you can show you care this holiday season, even if it's just over the phone or video chat. Here are 3 questions to consider, so you can reduce the risk of spreading the virus while still connecting with family.

Who will be there?

It's important to limit the number of people you gather with. The general rule is to stick to people in your household or your "quaranteam" — also known as a quarantine bubble or a pandemic pod. For months, the term "quaranteam" has been used to describe the social circle you see in person during the pandemic to help you feel supported and connected to others. It's a way to limit the risk of infection while also maintaining the social connections that benefit our mental health. For example, your

"quaranteam" may include another family, a few select friends, or your neighbors. When you form a "quaranteam" or quarantine bubble, you make an agreement as a group to only see people within that bubble.

It's OK to set boundaries or tell your friends and family you don't feel comfortable getting together.

Where will you spend time, and for how long?

Indoor gatherings generally pose more risk than outdoor gatherings so, if weather permits, try to stay outdoors. If your celebration is indoors, ventilation with open windows or doors can help lower risk.

Also, shorter gatherings are lower risk. So, for example, if you're planning to get together with your family and you usually stay overnight, you could limit your plans to a physically distanced dinner party instead.

How will you socialize safely?

Getting creative and being flexible with your annual traditions will help keep everyone safe. According to the CDC, gatherings with more preventive measures like wearing a mask, physically distancing, and washing your hands pose less risk than gatherings where fewer or no preventive measures are being implemented.* If you do attend a holiday gathering, you should consider self-isolating for 2 weeks after to protect the health of others. It's also important to get a flu shot before attending a gathering to help protect yourself and your loved ones.

So, whether you're celebrating with your household or just video chatting with loved ones, think about how to [adjust your traditions](#) to lower your risk of getting or spreading COVID-19. Remember to take care of your physical health as well as your [mental health](#) throughout the holiday season. And may your days be merry — and healthy and safe.



December, 2020

Because of covid-19, many of these activities will probably be cancelled, delayed, or held by conference call / zoom

Check www.lilburnwomansclub.org/Calendar.html for updates.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 Health & Wellness 7PM -Zoom on Outsmart the Scammers	2	3 6:15 at La Madeline's Christmas Dinner (Pleasant Hill)	4	5
6	7 Book Club 7PM Zoom	8	9 Dolly Par- ton's Imagi- nary Library 7PM	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 	26
27	28	29	30			

Happy Birthday:



Dec. 4—Jo Ann Jones
 Dec. 9—Pat Otwell
 Dec. 10—Susan Kintzler
 Dec. 16—Lee Jurjevich
 Dec. 24—Andrea Brannen
 Dec. 27—Adela Salame-Alfie