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Ana Kolb

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Treasurer/501c3

Susan Allred

Parliamentary Advisor

Pat Swan

Community Concern

GFWC Lilburn Woman's Club

www.lilburnwomansclub.org

April, 2019

President: Judy Nash

Does anyone think it is funny that I become President on April Fool's Day? Yea, me too! Seriously, the Lilburn Woman's Club is the best group of women I know and I am honored to serve as President for the next 3 months.

A big thank you to Barb Brooks for getting us off to such a smooth start. She did the hard part and I know you join me in thanking her for stepping up and for the work she did and does.

Thank you to Nadine Bily and Ana Kolb for agreeing to co-chair Lilburn Daze. These ladies are already hard at work and if you would be willing to serve on this committee, please let them know. This is a big undertaking and it takes all of us to make it work. One of the requirements of membership is to work 4 hours on the Saturday of Lilburn Daze, but we all know that it takes many more hours than that for it to be successful. Please say yes when you are asked to take on a task.

The Presidents at the Spring District Meeting were asked to give a leadership tip. A lot was said about communication and Barb added about the communicating we do at coffee on some Friday mornings – sometimes for 2 ½ hours – and other social gatherings. This is in addition to our program meetings and times spent working on projects. These are wonderful times to get to know each other better.

Ladies, there is a lot going on in April for us to choose from, so let's have fun doing it and don't forget to Track it Forward! Please remember to check your email and LWC calendar for constant updates.

Do not forget because of Spring Break our April meeting will be on April 11th.

2nd Vice President: Diane DeGaetano

All Programs are going great guns! Many thanks for all your hard work.

Just keep track of all activities through Track It Forward!

Happy Spring Break



Art: Brenda Dana

Community Service Program Chairs

Art
Brenda Dana

Conservation
Mandy McManus
Andrea Brannen

Domestic Violence
Beth Werve

Education
Jennie Nall

Home Life
Nadine Bily

International Out-
reach
Dianna Carson

Public Issues
Patty Gabilondo

Committees

Lilburn Daze
TBA

Social
Ana Kolb

Scholarship
Lori Harrison

Garden Tour
TBA

Communications
Brenda Dana

Websites, Facebook
Andrea Brannen

Newsletter
Dianna Carson

Fundraising
Dianna Carson



The Art Committee would like to thank everyone who helped Spring Into Art be such a great success. All the cookies our members provided set a delicious reception table. All the leftovers were delivered to our two Lilburn firefighters. A presentation of the Best In Show 1st Place winner was held at Arcado last Wednesday morning and the school recorded it for their school news show. Leah Ermias of the 5th grade received her ribbons and cash prize with a very big smile. Her framed art will be on display in the children's area of the library at city hall until the end of the school year.



Conservation: Mandy McManus & Andrea Brannen

April always makes us think of Earth Day, a day created to focus on environmental protection. Many of us work hard to protect our planet by recycling, reusing, conserving water, using reusable shopping bags, using energy efficient light bulbs, walking more/driving less/ carpooling, using non-toxic chemical in our home and yard and educating others.

Personally, I recycle filling a huge 65-gallon cart to the brim each week but I am learning that even though I try - I can still do more. Here are the guidelines for recycling in Gwinnett County. Look and see if you can add more to your recycling bins and less to the trash cans.

Our residential solid waste haulers use dedicated trucks for recycling and a method called "single stream recycling." This means that recyclables are sorted at the recycling center rather than being sorted curbside. Please rinse cans and containers before placing in the recycling cart.



Aluminum:
Baking tins,
Beverage containers
Food Containers



Cardboard:
Cardboard boxes (broken down)
Pizza boxes (clean, no grease)



Kraft Paper:
Paper grocery bags
Paper shopping and lunch



Mail:
Discarded mail
Envelopes
Greeting Cards



Mixed Paper:
Calendars
Miscellaneous paper



Magazines/Catalogs



Other Paper:
Computer paper
Paperback books
Phone Directories



Newspaper:
Newspapers and inserts



Plastic:
Interesting note: leave tops on your bottles so they do not jam machinery.
#1: Soda and water bottles
#2: Milk jugs, juice bottles, butter and yogurt tubs
#3: Detergent and household cleaner, shampoo, and cooking oil bottles
#4: Syrup, ketchup and medicine bottles, straws, and some yogurt containers
#5: Disposable plates and cups, aspirin bottles, CD cases
#6: Three and five gallon water bottles, certain food containers



Paperboard:
Beverage cartons
Cereal or other food boxes
Paper towel and toilet paper cores
Shoe boxes
Tissue boxes



Steel:
Steel Food containers
Empty aerosol cans
Clean metallic lids

Even though our waste management companies no longer will pick up glass curbside. Snellville has an amazing recycling center that is open to everyone. Check out this website for a listing of all accepted items <https://www.snellville.org/recycling>. Located at 2531 Marigold Rd, Snellville, Georgia 30078 operating Mon-Tues, Thurs-Sat 8am-5pm **Phone:** 770-985-3539.



Domestic Violence: Beth Werve

March Madness is a familiar term to most of us. But I learned about a different kind of "Madness" on Saturday, March 2 at Decatur High School during the 10th annual Teen Summit presented by Partners Against Domestic Violence.

This is the madness of teen dating violence (TDV). It includes four types of behavior: physical violence, sexual violence, stalking and psychological aggression.

Sadly, it is not an uncommon problem. Statistics from the CDC show that nearly 1 in 9 female teens and 1 in 13 male teens report having experienced physical dating violence in the last year. 23% of women and 14% of men who were victims of the first three types of TDV experienced it before the age of 18.

And the consequences are far-reaching. There can be depression, anxiety and thoughts about suicide as well as unhealthy behaviors like drug, alcohol and tobacco use. Victims may also exhibit antisocial behaviors like lying, bullying, hitting or theft.

Many organizations and groups have developed strategies and tools to try to combat this problem, hopefully even before it starts. BreaktheCycle.org provided "A Teen's Guide to Safety Planning". Breaking Silence, an initiative of Project Safe, has a free and anonymous text line open 24/7 plus a Facebook page, Instagram, Twitter and email accounts available for teens to contact them. The CDC itself has produced an entire program called "Dating Matters" with various

components focused on forming healthy relationships and reducing behaviors that may increase the risk of dating violence.

The Teen Summit was composed of many different modules for adults and teens in an effort to educate and empower those at risk and those who care deeply about them. It was certainly a day well-spent for me. Although the topic is a painful one, the intelligence and enthusiasm of the young people there and the adult presenters gave me hope for positive strides forward toward eliminating this problem.

Teen Dating Violence: Power & Control Wheel



Based on The Duluth Model
www.TheDuluthModel.org

Life. Love. ™
Jennifer Ann's Group
The Jennifer Ann Crecozzi Memorial Group, Inc.

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Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

ART
Plastic Bags
Wine Corks

Conservation:
Plastic bags
Shoes

Domestic Violence:
Children's Helmets
Laundry Materials
Cleaning Materials
Lightweight clothing for rape victims

Education:
Children's Books
Adult Books
Dr Seuss Books

Home Life:

International:

Washcloths
Dried Beans,
Rice
Canned food
Clothes
Shoes
Fabric
Small soaps
Onion/fruit bags
School Supplies
Children's books
Gallon size Ziploc bags
New or lightly used bras
Soft Drink tabs
Ladies or girls panties

Public Issues:
Pajamas for Men & Women
Worn & tattered flags



Home Life: Nadine Bily

Home Life will meet Monday, April 22, 6:00pm, at Always Fresh. We will discuss the following:

Plans for the next Hope Lodge dinner (May 7, Summer Cookout theme)

High Hope Dance (June 1)

Our plans for the remainder of the year, following the guidelines of the Home Life Community Service Program

Don't forget the Lilburn Easter Egg Hunt, Saturday, April 13, 10:00am, in the Lilburn City Park. Lilburn Woman's Club is a sponsor of this event. We will have a tent with a table and chairs. Domestic Violence is distributing pinwheels and information at this tent. Home Life is providing a card promoting the club and a small item (candy or an Easter sticker/tattoo) for goodie bags, and we will be offering a simple Easter craft at our tent. Your help is needed for the craft – no skill necessary – a few dots of glue and it will be done. Please come to the park and help make this a special day for the families of the Lilburn community.



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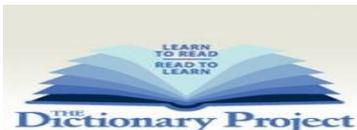
Education: Jennie Nall



Nancy Chilcoat, Judy Nash, Pat Swann, Diane DeGaetano, Susan Boudreaux, and Jennie Nall had a great time reading to Kindergartners and first graders at Lilburn Elementary School celebrating Dr. Suess's birthday and Read Across America

Nancy Chilcoat was an excellent hostess for our March Education Program meeting. It was St. Patrick's Day fun! After a wonderful meal, attended by Susan Boudreaux, Diane DeGaetano, Ana Kolb, Patti Gabilondo, Barbara Brooks, Kathy Shepherd, Nancy Chilcoat, and Jennie Nall, the members prepared the Scholarship applications for the upcoming Scholarship Award Committee meeting.

Patti Gabilondo presented handouts and information about the Dictionary Project. (See information below). Eight Lilburn elementary schools are listed at the Dictionary Project website.



The members in attendance adopted this project to be a community involvement project to try to find sponsors so third graders at each school will receive a dictionary. Nancy Chilcoat has interested a local club in being a sponsor. The Lilburn Business Association, Lilburn Lions Club, Atlanta Northlake Elks Lodge, and the Lilburn Masonic Lodge will be contacted. Our group voted to use Education Program funds to provide all third grade students at Arcado Elementary with dictionaries. If you know of a group who is looking for a wonderful project, we have very economical prices (less than \$1 per book). We plan to put the Lilburn Woman's Club volunteer logo in each book.

The goal of this program is to assist all students in becoming good writers, active readers, creative thinkers, and resourceful learners by providing them with their own personal dictionary. The dictionaries are a gift to each student to use at school and at home for years to come. Educators see third grade as the dividing line between learning to read and reading to learn, so we encourage our sponsors to give dictionaries each year to children in the third grade.

This dictionary contains all the elements of The Best Dictionary for Students; it also includes over 150 pages of supplemental information in the back. Key features include the Constitution of the U.S., the Declaration of Independence, brief biographies of all of the U.S. presidents, world maps, and information about all 50 states, countries of the world and planets in our solar system. sign language, braille and the longest word in the English language. We will use \$750 of Education funds to provide this book to all third grade students at Arcado.

Scholarship Committee Meeting - Many thanks for the dedication of the committee members who were very thoughtful and diligent in deciding the winners of the General Scholarship and the Teresa Hyde Foster Art Scholarship. Susan Allred, Sally Baker, Nadine Bily, Doris Mann, Jenny Nall, Christine Peredney, Mary Pope, and Jerolyn Randles spent several hours choosing our winners.

GENERAL SCHOLARSHIP: Ellie Schutter of Brookwood High School is planning to major in Environmental Science. She has been very involved in aquaponics at her school and in supporting aquaponics in another country and at other schools. She has been on the Cheer Teams throughout her high school career.

Teresa Hyde Foster Art Scholarship: Taylor Benton of Brookwood High School is planning to major in Music Education at Belmont University and hopes to become a high school orchestra teacher. Her major instrument is the cello. She has been recognized for her musical prowess and was invited to attend the New York Invitational Music Festival at Carnegie Hall.

We have these names for graduating students so far...Please text Jenny Nall and Ana Kolb if you have a family member's name to be recognized.

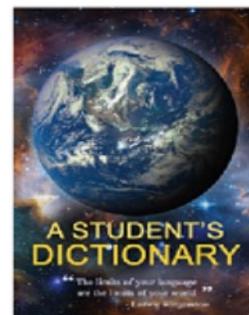
Mandy McManus's daughter, Jolee McManus, is graduating from the University of Georgia with a Bachelors Degree in English. She was the 2016 Art Scholarship recipient which she used in obtaining her degree in Creative Writing.

Kathy Shepard's granddaughter, Casslyn Travis, is graduating from Forsythe Central High School.

Andrea Brannen's son (waiting for his name!) is graduating with a Master of Business Administration from the Instituto de Estudios Superiores de la Empresa.

Joann Jones's granddaughter, Madison Jannett, is graduating from Madison High School.

The next Education Program meeting will be at Diane DeGaetano's April 25th at 11:30. We will be finalizing plans for the May meeting and distribution of dictionaries.



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International Outreach: Dianna Carson

We had a great day sewing and cutting out dresses for two third grade classes in Haiti. We have about 50 dresses to sew. They are so cute and the little girls love them. If anyone has time and wants to sew, let me know. You can come to my house or pick up the fabric and ribbons (already cut out) and sew at your home. Thanks to all who came to help!

William Browne fixed us a delicious South African lunch of rice, collards, and all kinds of meat and seafood. It was wonderful (and I do not like collards)!

William had his friend Sylvester with him who has quite a hair raising story to tell. He was a political prisoner for 2 1/2 years and was beaten and tortured severely. We really enjoyed the meal and the visit with William (African name, Balue, which means prayer warrior) and Sylvester (Boye, which means first male born).

We gave William a truck load of items to send to South Africa including dresses, clothes, shoes, washcloths (used by teens for menstrual cycle), bras, panties, and school supplies. He sends most of items to Liberian refugee camps where they have nothing.

This interaction certainly shows how blessed we are to live in the USA.



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www.lilburnwomansclub.o



Public Issues: Patty Gabilondo

Public Issues will hostess the April general meeting and we are thrilled to welcome the owners of Top Dogg K9 Foundation. TDK9 is a local non-profit organization formed in 2013, whose mission is to reduce the number of military families that are impacted by suicide due to mental illness each year. How can you help them accomplish their mission? Please consider bringing any of the following items to our April meeting. They are asking for the following:

- Sports Mix dog food (available at Tractor Supply or Chewy.com)
 - Canine dewormer
 - Squeaky toys
 - Flea preventive (45-80lb, 80-120lb, and under 45lb)
- Bring a friend and let's learn about how they are meeting the critical needs of disabled veteran families and local communities.



GFWC Legislative Alerts – GFWC is asking all club members to sign up for most current information supported and monitored by GFWC. There is no charge, it is simply to build awareness of how our organization works with Congress to update, change and endorse non-partisan legislation in an effort to improve the lives of others. Please try it, and see what you might learn. <http://www.cqrcengage.com/gfwc/app/register?14&m=42271>

April 27th - GFWC Georgia Day of Service

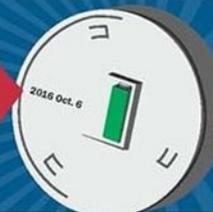
Calling all club members! Mark your calendars as Public Issues and Domestic Violence Awareness Programs are joining forces to bring back the **GFWC Georgia Day of Service**. We will once again be collecting toiletry items for our local women's shelter. The response from our community was so awesome last year, everyone agreed that we can do this again! Danny Taylor, President of the Lilburn Lions Club has graciously agreed to let us use his store front as our gathering zone. Location will be at the Mail & Package Store, 4155 Lawrenceville Hwy near Kroger from 10am-2pm. Look for the Sign-Up Genius coming out shortly.

April 30th - The next Public Issues Program Meeting will at Patty's House starting at 7pm.

Safety Tip: How old are your home's smoke detectors? Nothing lasts forever. Three out of five home fire deaths result from fires in properties without working smoke alarms. The manufacture date should be printed on the back. Replace those old units ASAP!



**Don't Wait —
Check the Date!**
Replace Smoke Alarms Every 10 Years



Age matters when it comes to your smoke alarms.
Check the manufacture dates on your smoke alarms today!

April, 2019

Check www.lilburnwomansclub.org/Calendar.html for updates.

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

	1 10:30AM – GFWC	2	3 11AM ED Library Lovers Livin' for Life for Seniors	4 6PM State Convention	5 10AM–12PMGA Native Plant Society work days at Propa- gation Nurse-	6
7 State Convention - Lake Blackshear	8	9	10	11 LWC Gen. Mtg. 6:45 1PM –2:30 Hazardous Waste Wkshop— Lil City Hall	12	13 9AM-12PM Gwinnett's Earth Day Free recycling 10AM-12PM Lilburn East- er Egg Hunt
14	15	16	17	18 10AM– 12PMGA Native Plant Society work days at Propa- gation Nursery	19	20
21 	22 7PM—PI Mayor's Townhall Meeting	23 6:45PM Lilburn Daze Mtg Barb Brooks home	24 GFWC Fed- eration Day	25 11:30AM ED Mtg. Diane DeGaetano's 6:45 Exec Bd Mtg	26	27 1)GFWC Day of Service 10-2PM 2)PI –10-2PM free car seat chk—City Hall 3) 10-12 City of Lil Tree Walk 4) 5:30- 10PM Downtown Lil- burn Lil' Crawl
28	29 7PM Book Club	30				

Birthdays

April 6—Nancy Delaney
 April 11—Karen Snavely
 April 14—Susan Allred
 April 14—Barbara Brooks
 April 15—Sandra Hawkins
 April 16—Roberta Williams
 April 16—Anne Hennessey
 April 18—Carmen Stewart
 April 19—Cheri Grinstead

