



# GFWC Lilburn Woman's Club

[www.lilburnwomansclub.org](http://www.lilburnwomansclub.org)

October, 2019

President: Pat Swan

## Executive Officers 2019

### Interim President

**Diane DeGaetano**

### 1st Vice President/

### Membership

**Ana Kolb**

### 2nd Vice President/

### Programs

**Barbara Brooks**

### Recording Secretary

**Suzannah Heimel**

### Corresponding Secretary

**Chris Giddens**

### Treasurer/501c3

**Susan Allred**

### Parliamentary Advisor

**Pat Swan**

## Community Concern

LWC Members, Lilburn Daze is almost here and we all must jump in and do our part to make it one of the best. It is hard to believe that this is our 46<sup>th</sup> Festival and a few of us have been around since the beginning—to name a few Jenny and Doris. Nadine has been a great Chairman for Lilburn Daze, introducing some new ideas like the doggie parade. If you have more time to give than your 4 hours that is required, please let Mandy know. Invite your neighbors for a great day for crafts, activities for children, entertainment and great food.

Program Chairman please be ready at our October meeting to name your committee member who will serve on the nominating committee and awards committee. These are important committees for our club.

Remember Social Hour begins at 6:30 and our meeting begins at 7pm. Domestic Violence has the program with a guest speaker. We had several guests at our September meeting. If they are at our October meeting, make them feel welcome.

My thought this month is:  
Always put yourself in others' shoes  
If you feel that it hurts you,  
It probably hurts the other person, too.  
Happy Fall. See you at our meeting October 3<sup>rd</sup>.

## 2nd Vice President: Diane DeGaetano

Do not go where the path may lead. Go instead where there is no path and leave a trail". Ralph Waldo Emerson.

I am both humbled and proud to be asked to represent Lilburn Woman's Club for the next 3 months - October, November, and December as your president. Following the infamous Ms. Pat Swan will be a tough act to follow, but I know she and the other presidents will help.

This is a very exciting time in our club with so many wonderful new members, Lilburn Daze upon us, and the changes coming down from International GFWC to our programs (More about this later). I do want you all to call me with questions and I will try to answer them. If I don't have the answer, I know I can contact one of the many experts in our club, or the state leadership.

Please be thinking about how you stretch outside your comfort zone and consider taking on a community program chair position, run for an office, or volunteer for 2-3 activities at Lilburn Daze. Now is the time for action! Make your own path and leave a trail in our club!

In the meantime, Happy Halloween! Diane S. DeGaetano 678-772-7734

Oct. 28 Report Writing Workshop at 7 pm, Nash Barn

I am leaving you all in the very capable hands of Barbara Brooks as 2nd VP for Oct through Dec.

Please help her by getting those reports finished in a timely manner

I know you will do a great job! Diane S. DeGaetano for Barbara Brooks

**Community Service  
Program Chairs**

**Art**  
**Brenda Dana**

**Conservation**  
**Mandy McManus**  
**Andrea Brannen**

**Domestic Violence**  
**Beth Werve**

**Education**  
**Jennie Nall**

**Home Life**  
**Nadine Bily**

**International Out-  
reach**  
**Dianna Carson**

**Public Issues**  
**Patty Gabilondo**

**Committees**

**Lilburn Daze**  
**Nadine Bily**

**Social**  
**Ana Kolb**

**Scholarship**  
**Lori Harrison**

**Communications**  
**Brenda Dana**

**Websites, Facebook**  
**Andrea Brannen**

**Newsletter**  
**Dianna Carson**

**Fundraising**  
**Dianna Carson**



**Art: Brenda Dana**

The art committee has been finishing up the cork wreaths and birdhouses to sell at Lilburn Daze. They are really unique and decorated for Halloween and Christmas as well as year round use. There are also a Noel sign, memo board, pumpkins and other interesting items made from corks. We calculate that we have kept around 5000 corks out of our local landfill. Visit the LWC Sellable Tent at Lilburn Daze and check out these items as well as other pieces donated by club member



**Domestic Violence: Beth Werve**

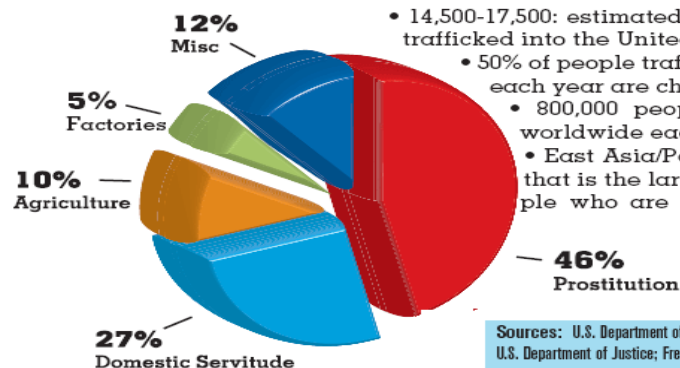
Last month provided me with a first-time interesting and informative experience. I am talking about my first GFWC Institute held at the Hyatt Place in Athens GA. The highlight for me was the very knowledgeable speaker from Georgia Cares, Robyn Windibank. This is an organization created in 2009 to serve victims of child sex trafficking in Georgia and to work to eradicate this abuse. Since that time, they have served over 3000 children. Last year alone, 789 children between the ages of 5 to 17 were served, 11% of which are boys. The organization provides a 24-hour hotline (1-844-842-3678) as well as collaborates with other services in order to meet the needs of these children.

Some of the more interesting though chilling statistics are these:  
78% of trafficked children gave needing

a place to sleep (homelessness) as the reason they got caught up in trafficking. 80-90% of these children have been sexually abused prior to being trafficked. And horribly, 34% of the children were sold for their "services" by a family member.

Every year in the United States, over 300,000 children become victims of sex trafficking.

I am pleased to have another representative from Georgia Cares, Ms. Andi Worley as our speaker for our next general meeting. We all need to be aware of and learn more about this important issue. Thursday, October 3 should prove to be another very interesting and informative evening.



- 14,500-17,500: estimated number of people trafficked into the United States each year
- 50% of people trafficked into the U.S. each year are children
- 800,000 people are trafficked worldwide each year
- East Asia/Pacific is the region that is the largest source of people who are trafficked into the U.S. each year.

Sources: U.S. Department of Health and Human Services  
U.S. Department of Justice; Free the Slaves



## Conservation: Mandy McManus & Andrea Brannen

500 million single-use plastic straws are used in the United States every day. This means that every year, we use enough straws to wrap around the earth 2.5 times. These straws will remain on the Earth for 90+ years! Single-use plastic straws cannot be recycled in most places because they are made of plastic #5.

Straws have become an unnecessary yet standard component of our lifestyle, but they are wreaking havoc on our environment. Reducing plastic pollution is more than just skipping the water bottle. Skip the straws too! When you skip the straw, you're taking action to end single-use plastic straws altogether!



Please consider:

1. Saying NO to disposables whenever you order a drink.
2. Carrying your own reusable straws so you can skip the plastic straw
3. Encouraging local restaurants to enlist a "ask before giving" plastic straw policy – or to stop using them altogether.
4. Petitioning for parks, and other areas near you to ban plastic straws.

Conservation would like to ask all members to take the **Skip the Straw Challenge** in October. To help you in this challenge, reusable straws will be distributed at the October General Meeting. Plastic straws are just one step towards less plastic pollution. Please do continue to skip the water bottle as well as plastic grocery bags when possible.

Thank you! With your help, 3,654 pairs of shoes have been kept out of our landfills and are on the way to developing countries. This project was far reaching and we had a lot of community support to make it successful. Camp Creek Elementary, RD Head Elementary, Brookwood High School and Kids Come First all hosted shoe drives for us. Many local businesses, Beans and Butter Coffeehouse, Five Oaks Florist, BB&T Lilburn Branch, Lisa Richardson-State Farm Insurance, Lilburn Lawnmower, Snellville Automotive and Lilburn Farmers Market, were drop off locations. It truly took a village for us to reach and surpass our goal! Great work ladies!



Conservation hosted a fun filled field trip to BJ Reece Orchards in Ellijay, Ga. The weather was beyond perfect for apples picking! The fried pies did not disappoint. Lunch at Cantaberry in downtown Ellijay was the perfect end to a great day. Conservation donated 1/2 bushel of freshly picked apples to the Lilburn Co-op.





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## Home Life: Nadine Bily

Lilburn Lion's Club and GFWC Lilburn Woman's Club hosted a Diabetes Awareness Lunch n' Learn on September 19. Twenty-five people attended, including 5 LWC members. Thanks to Patty Gabilondo, Judy Nash, Debbie Slappey, Pat Baker, Nadine Bily, Nancy Chilcoat, and Kathy Shepherd for helping to make this a successful event. If you were unable to attend you missed out on a great meal and a lot of useful information. Recipe cards which were included in the goody bags will be available for members at our October meeting.



Our final Hope Lodge dinner for this year will be Tuesday, October 22. Cherlye Haynes has agreed to organize this meal, which will be a Chili dinner. This is one of our more popular din-

ners, allowing members to share their favorite chili, cornbread, and dessert recipes. Please help Cherlye out by signing up for a slot or two when the Sign up Genius for this dinner is posted. Remember, there are plenty of needs that don't require cooking if you don't have the time or desire to work in your kitchen.

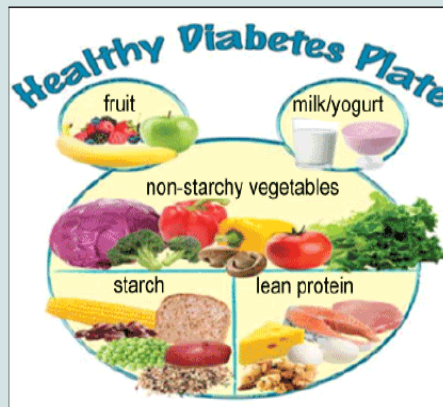


Figure 2: The updated healthy diabetes plate



## International Outreach: Dianna Carson

As you know, Hurricane Dorian devastated parts of the Bahamas. There are 56 deaths and 600 people missing. Also there are 4000 refugees now in Florida and many more on the unaffected islands

There are so many needs and countless supplies have been sent from the Atlanta area and from all over the world. Since so many of the ports have been destroyed, it is difficult to get the supplies to the people. However we found another organization who supplies immediate needs to the people....food & water.

After checking with GFWC, we decided to send a check to World Central Kitchen. Chef Jose and his huge team of volunteers provide

meals to the survivors and workers after these horrible storms.

Please go to their website [www.wck.org](http://www.wck.org) to see all of the wonderful work they do. They provided over 250,000 meals in just 2 weeks after Dorian.

You can donate through the website or send a check to:

**World Central Kitchen**  
**1342 Florida Ave. NW**  
**Washington DC 20009**

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## Public Issues: Patty Gabilondo



### 9/11 Remembrance Ceremony at the Fallen Heroes Memorial -

Public Issues members attended a moving remembrance ceremony the morning of Sept. 11<sup>th</sup> to honor and reflect on the American lives lost during this day 19 years ago. A multi-agency color guard presented colors and laid a ceremonial wreath and the bagpiper played Taps at the Fallen Heroes Memorial in Lawrenceville. The silver lining

is to also remember how Americans came together and helped each other after this tragedy.

If you have never been, I would urge you to take a short trip to see this beautiful monument and enjoy a

personal moment of silence. It's open to the public every day located in the front parking lot of the Gwinnett Justice and Administration Center, 75 Langley Drive, Lawrenceville, GA.



**Zip Ties on Cars SCAM-** This one made me so angry, I could have spit nails when I read this. If you notice a zip tie on your car mirror or windshield wiper, mail box, fence, etc. Get into your car or back into a safe place immediately. This is a new marker used by sex traffickers and thugs to note that you are a woman who is alone and vulnerable.

Don't try to remove or fuss with them when you see it. Stay calm and be on your way. Wait until you get to a different safe destination because they're trying to distract you by getting it off in unfamiliar territory. Same thing goes if you find a note or something sticky or dirty on your windshield in a parking lot. It could be a method of distraction.

Ladies, the best defense is a good offense. Please share with your daughters, grand-daughters and nieces and encourage them to be smart and stay vigilant.

**Avoid Identity Theft:** Professional Tax preparers strongly recommend going now to the [irs.gov](https://www.irs.gov/identity.../get-an-identity-protection-pin) website and securing an Identity Protection Pin (IP PIN). Generally these are only available to people who have had past problems with identity theft but because this is a particular problem in Georgia, anyone who files in Georgia can get one and should do it now to avoid being a victim.

<https://www.irs.gov/identity.../get-an-identity-protection-pin>



**Thank You Notes to Veterans** – Be sure to stop by the Public Issues table inside the Kidz Art Zone at Lilburn Daze Fall Festival, where we will have note cards, color markers, pens and stickers as we help the children to write Thank You Notes to Veterans





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## Lilburn Daze: Nadine Bily

Thanks to all of the hard working committee members, Lilburn Daze is a happening thing! Most of the planning has been completed. I know we have begged for every minute we can squeeze out of you on October 12, and those who have agreed to work a little harder and longer are VERY MUCH APPRECIATED!

One more thing requires your help (and this is EASY!!). Those beautiful decorations that are placed throughout the park and on the stage don't just fly in on Friday and fly out again Saturday evening. They are purchased, brought out of storage, placed on the field, then removed to storage by Mandy, Andrea, Pat Swan (stage area), and their hardworking crew. However, included in the decoration purchases are some perishable items – pumpkins, mums, and straw bales. These perishable items are purchased by LWC each year, and they are very necessary to beautify the park. Please, if you plan to decorate your porch or yard for fall, save your creative urge until the end of day October 12, and take your ready-made decorative items home that evening. You will be helping LWC recoup some of its Lilburn Daze expenses.

**Straw bales are FREE, Pumpkins are \$3, and mums will be "at cost",** exact price to be determined upon purchase. If you make your purchase early in the day we can put tape on the bottom with your partial name on it. If you are unable to stay until the end of the day, I will personally deliver your purchase to your house. Have you ever had an easier way to do your fall decorating?



### Donation Reminders

The LWC collects the following items to help those in need. Bring items to club meeting.

#### ART

Wine Corks

#### Domestic Violence:

Children's Helmets  
Laundry Materials  
Cleaning Materials  
Lightweight clothing for rape victims

#### Education:

Children's Books  
Adult Books  
Dr Seuss Books

#### Home Life:

#### International:

Shoes  
Washcloths  
Dried Beans,  
Rice  
Canned food  
Clothes  
Shoes  
Fabric  
Small soaps  
Onion/fruit bags  
School Supplies  
Children's books  
Gallon size Ziploc bags  
New or lightly used bras  
Soft Drink tabs  
Ladies or girls panties

#### Public Issues:

Pajamas for Men & Women  
Worn & tattered flags

#### Lilburn Daze:

Pringle Cans w/lids – any size  
Toilet Tissue rolls  
Small, smooth rocks for painting  
Pinecones – no larger than 6" Zip lock bags (snack size, quart, gallon)  
Plastic straws Any red, white, blue cardstock  
Star stickers – patriotic colors  
Flat drink boxes to act as work area trays

# October, 2019

Check [www.lilburnwomansclub.org/Calendar.html](http://www.lilburnwomansclub.org/Calendar.html) for updates.

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

		1	2 I IAM Education Library Lovers Social: 12:15 Culinary Arts Lunch—Gwinnett Tech	3 7PM LWC Gen Mtg. Calvary Baptist Church	4	5
6	7	8	9	10	11 Lilburn Daze Setup	12 Lilburn Daze 
13	14	15	16 IO Meeting Sewing No-No Bands 12 Noon—Lunch served @ Dianna Carson's	17 Southern Region Conference—South Carolina	18 Coffee Chat Friday 9:30-10:30 Starbucks in Norcross	19
20	21 LWC Book Club 7PM Nash Barn	22 HL—Hope Lodge Chili Cook-off	23 Social 6PM Come as You Aren't Bingo—Nash Barn	24 Exec. Bd. Mtg. 6:45PM Nash Barn	25	26
27	28 7PM Report Writing Nash Barn	29	30	31		

HAPPY BIRTHDAY!

Oct. 12—Chris Giddens  
Oct. 18—Lori Harrison

